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NEWSLETTER

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Bringing Quality Healthcare to the Outskirts of Sindh: HDF & OGDCL Partner for a State-of-the-Art MCHC

Access to quality healthcare remains a challenge in Khewari, Khairpur, Sindh where communities often struggle with inadequate maternal and child health services. In a major step toward bridging this gap, HDF and OGDCL have partnered to establish a 24/7 state-of-the-art Mother & Child Health Center (MCHC) in Khewari, Khairpur, Sindh.

The Memorandum of Understanding (MoU) was signed by HDF CEO Ms. Samman Islam and OGDCL MD Mr. Ahmed Hayat Lak, with key stakeholders present, including Lt Gen (r) Anis Ahmed Abbasi, Vice Chairman of BoD HDF; Mr. Zia Salahudin, Executive Director of OGDCL;

Mr. Sikandar Ali Shaikh, AGM CSR; and senior management from both organizations.

Situated in a geographically underserved region, this facility will provide lifesaving maternal and child healthcare to families who currently lack access to specialized medical support. The EDGE Level 1 Certified center will also adhere to high ESG and green building standards, ensuring a sustainable and long-term impact.

This initiative reflects HDF and OGDCL's unwavering commitment to bringing essential healthcare services closer to those who need them most.

3D Model



HDF Girls Lead the Way: Kapoor Mori School Wins 1st Place in STEAM Muqabla

Breaking barriers and setting new standards, the brilliant young minds of HDF Kapoor Mori School, Tando Muhammad Khan in Sindh, have proved that our girls are second to none! Competing against 26 schools, our talented students secured 1st position in the STEAM Muqabla – District TMK, held on January 30, 2025. Organized by the Sindh Government in collaboration with the Sindh Education Foundation (SEF), this competition provided a platform for students to showcase their skills in Science, Technology, Engineering, Arts, and Mathematics (STEAM).



Advancing to the Regional Level

This achievement is not just a win—it's a testament to the intelligence, confidence, and potential of our girls. With this success, Kapoor Mori School has now qualified for the Regional Level Competition in Karachi, where they will compete against top-performing teams from other districts.

Empowering Girls, Shaping the Future

At HDF, we believe in empowering girls through education and opportunity, ensuring they have the platform to excel in innovation

Innovation Led by Young Girls

Our remarkable students – Areeba (Grade 8), Maheen (Grade 7), and Tooba (Grade 7) – impressed the judges with their innovative and research-driven project under the theme “Pakistan’s Challenges in 2100.” Their forward-thinking ideas, creativity, and critical problem-solving skills earned them the top position in the competition.



Awards and Recognition

- 1st Place – District TMK
- Cash Prize: PKR 3,000
- Certificates of Appreciation



and leadership. These young champions are proof that when given the chance, girls can thrive and lead in every field.

A Canvas of Thanks:

HDF Students Share Their Gratitude for Donors

HDF students have expressed their gratitude through vibrant art, showcasing their thanks for the support they receive. From colorful drawings to heartfelt sketches, each piece reflects the hope and opportunities made possible by generous donors, teachers, and mentors. Their creativity not only expresses appreciation but also celebrates the bright future ahead, thanks to the support they've received.



Empowering Healthcare Professionals:

HDF Conducts Training of Trainers on Maternal & Child Health

HDF's commitment to strengthening maternal and child healthcare took a significant step forward with a two-day Training of Trainers (ToT) session conducted by the Health Program Specialist for health staff across HDF regions.

Organized by the Regional Health Team, the training provided in-depth knowledge on critical health topics, enhanced participants' practical skills, and promoted interactive learning through group presentations and diverse sessions.

This initiative ensures that frontline health care workers are better equipped to deliver quality care, ultimately improving maternal and child health outcomes in underserved communities.



Bringing Healthcare to Remote Communities:

HDF Launches Mobile Medical Units Across All Regions

HDF has taken a groundbreaking step in healthcare accessibility with the launch of Mobile Medical Units (MMUs) across all regions. This new initiative is designed to provide essential healthcare services directly to underserved communities, ensuring that those in remote and rural areas receive the medical attention they need.

The MMUs offer early diagnosis, treatment, and health education, addressing critical healthcare gaps for individuals who face challenges in reaching medical facilities. By bringing quality care to their doorstep, HDF continues its mission of building healthier communities and transforming lives.

This initiative marks a significant milestone in our commitment to healthcare for all—wherever they are.



Enhancing Vision and Hearing for a Brighter Tomorrow: A Special Tribute to Rashida Loya & Lateifa Gani

HDF's Rahim Yar Khan team has launched the Vision & Hearing Screening Project to screen 12,000 students in 2025, ensuring early detection of vision and hearing impairments that can impact learning.

With the NOC secured in January 2025, screenings are scheduled for February, April, May, September, October, and November to minimize academic disruptions.

This initiative is made possible through the generous support of Rashida Loya and Lateifa Gani, whose dedication to children's health and education is transforming lives. Their contribution ensures that students receive the care they need to thrive.

With screenings set to conclude by November 2025, we are ensuring that no child's potential is limited by an undiagnosed vision or hearing issue.

Total Screened
2,507

Spectacles Issued
368

Hearing
Referral Cases
472



Strengthening Team Spirit at HDF's Annual Retreat

HDF's annual retreat provided a much-needed opportunity for staff to come together, step away from daily responsibilities, and engage in meaningful team-building activities

The retreat was designed to foster collaboration, strengthen connections, and boost morale, creating an environment where team members could interact beyond their regular work roles.

Through interactive sessions, group exercises, and shared moments of reflection, participants gained new perspectives and deepened their sense of teamwork. The retreat reinforced HDF's commitment to a positive and cohesive work culture, ensuring that staff remain motivated and aligned with the organization's mission.

As an annual tradition, the retreat continues to inspire a sense of unity, encouraging collaboration and a shared vision for HDF's ongoing impact.

