

SPECIAL EDITION

NEWSLETTER

Nov 2023

25 YEARS OF
TRANSFORMING
COMMUNITIES



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CHAIRMAN'S MESSAGE

The commemoration of HDF's 25-year journey makes me humbly reflect on the genesis of this organization, which sprouted from a collective introspection and soul searching during the 50th Anniversary of Pakistan's independence. It has been my personal privilege to witness and contribute to HDF's growth since its inception.

We trace our roots back to the visionary philosophy articulated by Dr. Mahbub Ul Haq. Grounded in his wisdom, we set out on a transformative journey inspired by a holistic approach encompassing every facet of human development. Our founders envisioned fostering self-sustaining model communities through integrated development, where education, economic opportunities and healthcare would be accessible to all.

Over the past 25 years, we've partnered with marginalized communities across Pakistan. It fills me with pride to see these communities taking charge of their development, making collective decisions for the greater good.

I extend my heartfelt gratitude to every staff member, supporter, volunteer, donor and partner. Your dedication has been instrumental in our achievements.

With patience and perseverance, let us continue serving our people and providing our children with opportunities for a brighter future.

Thank you to all those who made this journey possible.



Dr. Muhammad Khalid Riaz

Chairman



CEO'S MESSAGE

As we mark the silver jubilee of HDF, I am filled with gratitude and pride for the incredible journey we've undertaken over the past 25 years.

In this milestone year, we celebrate not just the passage of time but the transformative impact we've had on communities. For a quarter of a century, HDF has been a catalyst for change, advocating for a holistic approach across our five core program areas: education, primary healthcare, livelihood and food security, sustainable environment and WASH, and social capital development—HDF's Power of 5.

Our commitment to transforming lives remains unwavering. Each success story, every empowered individual and the sustainable changes we've initiated stand testament to the dedication of our team and the support of our donors, partners and the communities we've transformed.

As we reflect on our achievements, let us also look ahead with renewed vigor. The challenges persist but so does our resolve to create positive, lasting impact. Together, let's continue to make a difference, guided by the principles that have defined us for a quarter-century.

Thank you for being an integral part of HDF's journey. Here's to 25 years of Transforming Communities and to the countless lives we will touch in the years to come.



Mehboob UI Haq

Chief Executive Officer



25 YEARS OF COMMITMENT.

About HDF

Since our inception in 1997, HDF has successfully implemented a holistic model of community development to achieve Sustainable Development Goals (SDGs) by serving partner communities in 53 districts of Pakistan during the course of 25 years. Our quest for positive social change to remote and marginalized communities remains at the forefront, and we at the foundation, work tirelessly to help the communities who are most vulnerable.

HDF's unwavering commitment to promoting sustainable development and empowering communities is manifested through its holistic approach of implementing integrated programs that prioritize overall human well-being. Our core programs bring them support in primary healthcare, education & literacy, livelihood & food security, sustainable environment & WASH, social capital development and emergency response during national calamities.



Our philosophy of 'helping people help themselves' is rooted in the principles of harnessing the potential of partner communities. Our responsibility within each area of focus remains the same – to empower communities and individuals with the tools and resources needed to achieve and sustain a better way of life. HDF works in close partnership with HDF North America and HDF Canada to address the needs of the most vulnerable communities in four provinces of Pakistan and AJK, facilitating them toward a better present and a brighter future.

25 YEARS OF PROGRESS.

A Timeline of Our Evolution

1999: HDF was gifted to Pakistan on its 50th Anniversary of Independence. HDF established its first Regional Office in Mardan, starting out with **10,000 people**

2007: With continuous efforts, HDF manages to impact **268,448 people** under its program areas

2017: More than **20 million** people are assisted and benefitted under HDF's holistic program approach

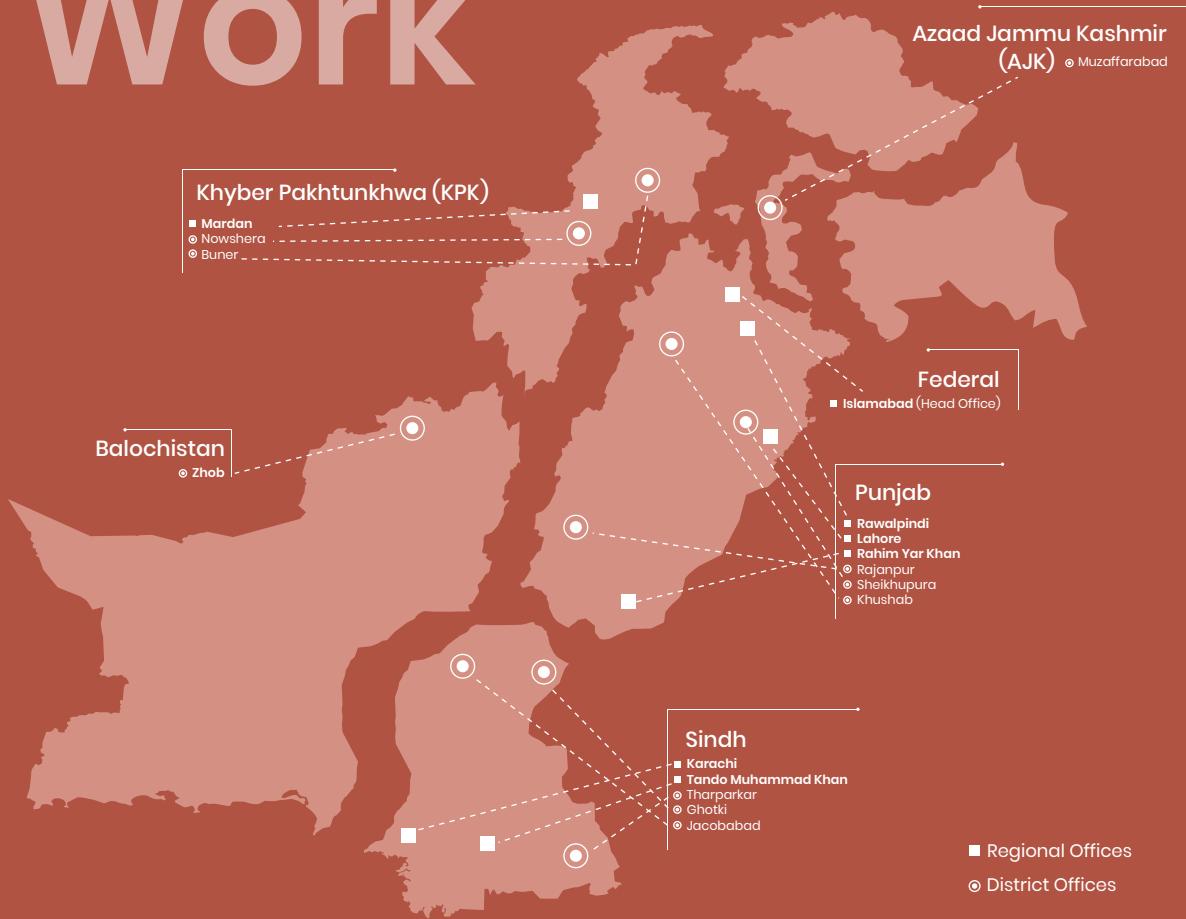
1997: Inception of HDF by Pakistani Diaspora and Individuals in the U.S.A who wished to give back to their homeland

2002: HDF reaches **23,437 households** across regions in Pakistan, establishing foothold in Mardan, Rawalpindi, Lahore, Rahim Yar Khan, Tando Muhammad Khan, Karachi and Zhob

2012: Increasing efforts lead to an increasing influence. HDF reaches **91,196 households**, changing the lives of **585,471 people**

2022: HDF celebrates its Silver Jubilee, taking pride in successfully supporting over **3.7 million** Pakistanis and projecting across all provinces including AJK

Where We Work



Geographical Footprint

3,712,753 Beneficiaries*	7,642 Villages	530,722 Households*
08 Regional Offices	53 Districts	85 Tehsils

914

Union Councils

*The stated figures are cumulative which means they represent HDPS' impact over 25 years.

25 Years of Impact.

Our Impact Across Core Program Areas



SOCIAL CAPITAL DEVELOPMENT

“Promoting inclusive societies for sustainable development and building effective, accountable, and inclusive institutions at all levels”



3.7 MILLION
Overall Beneficiaries



1,689
Community Organizations (COs) Established



330
Village Development Organizations (VDOs) Established



4,535
Individuals Trained in Community Based Disaster Risk Management (CBDRM)



24,265
Individuals Trained in Community Management Skills Trainings (CMSTs),



364
Children Forums were Formed



5,134
Individuals Trained in Advocacy and Human Rights



5,074
Community Members were Educated about Health, Hygiene, and Safely Managed Sanitation (In collaboration with Primary Healthcare Program)



6,109
Community Members were Educated on the Significance of Safe Drinking Water Usage



3,955
Capacity Building Awareness Raising Sessions on Gender Mainstreaming and Women Empowerment



4,607
Community Members Empowered with Awareness of their Fundamental Rights, Including Birth and Death Registration, Voting, and Obtaining a CNIC.



45
Farmer Field School (FFS) Sessions Conducted



4,263
Capacity Building Sessions of Sector Committees of Village Development Organizations (VDOs)

19 ‘Entrepreneurship Development Skills Training’ Consisting of Two-Day Workshops Conducted to Empower 389 Community Members with Employable Skills. (2022)



EDUCATION & LITERACY

“Promoting equitable quality education for all, ensuring all children, especially girls, realize their full potential”



274

Non-Formal Schools Established (250 Non-Formal Schools converted into 21 Formal Schools)



6,123

Out-Of-School-Children Currently Enrolled



62%

Girls Enrolment



12,304

Students Graduated So Far



4,329

Beneficiaries of Adult Literacy Centers (ALCs)



77

Participants Completed Adolescence & Adult Learning & Training Program (AALTP)



8,591,987

Worth Scholarships Disbursed



1,406

Deserving Students Were Awarded Scholarships



3,756

Teachers Trained In Modern Pedagogical Practices



255

Orphans & Their Mothers Supported Under Orphan Development Program



PRIMARY HEALTHCARE

“Ensuring healthy lives and promoting well-being for all at all ages”

Infant Mortality Rate (IMR) in 2005

➤ **70/1000**

Live Births

Infant Mortality Rate (IMR) in 2022

➤ **20/1000**

Live Births

Under 5 Mortality Rate in 2005

➤ **80/1000**

Live Births

Under 5 Mortality Rate in 2022

➤ **23/1000**

Live Births



198,765

Beneficiaries Receiving Preventive & Curative Healthcare



28,395

Households Receiving Preventive & Curative Healthcare



09

Community Health Centers (CHCs)



104,440

Patients Treated Through Mobile Health Camps & Telemedicine Services



44,440

Outpatients Provided Medical Care at HDF Healthcare Facilities (2022)



136

Medical Camps Set Up in Flood-Affected Areas



14,216

Flood-Affected People Treated In Medical Camps



100%

Students Screened for Health & Nutrition Indicators



LIVELIHOOD & FOOD SECURITY

“Ending hunger, achieving food security and improved nutrition, and promoting sustainable agriculture”



OVER PKR 3 BILLION

Disbursed to Member of Partner Communities under Khushhali Bank Micro Finance Program



385,718

Beneficiaries Under Micro Finance



PKR 13.15 MILLION

Invested Under Joint Ventures with Individuals



PKR 1.2 MILLION

Invested Under Joint Ventures with Groups



11,563

Participants Trained in Technical/Vocational Skills Training



10,584

Overall Beneficiaries



5,908

Vulnerable Families Supported to Grow Their Food Through Kitchen Gardening



2,356

Vulnerable Families Provided with Fruit Trees to Address Malnutrition & Ensure Household Food Security



PKR 3.44 MILLION

Disbursed Under Poultry Incentive & Agri/Vegetable Farming Loans



432

Individuals Trained in Diploma Courses



PKR 85 MILLION

Disbursed Under HDF Micro Credit



7,656

Loans Disbursed Among Marginalized People



736

Joint Ventures with Individuals Established



33

Beneficiaries of Joint Ventures with Groups



389

Participants of Entrepreneurship Skills Training



PKR 101.81 MILLION

Invested for Economic Development Activities



38

Community Gardens Established



1,330

Households Provided with Poultry Birds



454

Poultry Incentive & Agri/Vegetable Farming Loans Disbursed



SUSTAINABLE ENVIRONMENT & WASH

“Ensuring availability and sustainable management of water and sanitation for all”

“Ensure access to affordable, reliable, sustainable and modern energy for all”



MEMBERSHIP



05

Dams Constructed



5,074

community awareness sessions on health & hygiene and safely managed sanitation



72

Infrastructure Projects Completed – Link Roads & Street Pavements Constructed



320

Latrines Constructed



10

Flood Protecting / Retaining Walls



04

Misali Bastis Constructed



47

Solar Renewable Energy Units Installed



91%

Population has access to basic sanitation in HDF program areas



816

awareness sessions conducted on the use of safe drinking water



925,025

HDF Planted trees in various plantation campaigns



193

Kitchen Sanitation Units Constructed



08

Tube Wells Installed



24

Irrigation Schemes



488

Housing Units Constructed Under Misali Basti's Project



350

Solar Hand Lights

25 YEARS OF SUCCESS.

Our 25th Anniversary Commemoration

The Human Development Foundation, commemorated its 25th Anniversary at the Sustainability Investment Expo (November 19 and 20, 2023) and the Sustainable Development Conference (November 22, 2023), in collaboration with the Sustainable Development Policy Institute (SDPI).

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Impactful Showcase at SIE2023:

Celebrating 25 years of sustainable initiatives, HDF showcased its transformative journey at the Sustainability Investment Expo 2023. The exhibition offered a dynamic exploration of projects touching 3.7 million lives in marginalized communities across Pakistan. From immersive sessions to striking exhibits, HDF highlighted its commitment to sustainable development through the Power of 5 model.

Notable projects, like the climate-resilient smart community in Soon Valley, drew praise, notably from Senator Sherry Rehman, who emphasized replicating HDF's model for other climate-vulnerable regions of Pakistan.

A Fireside Chat featuring Mr. Mehboob Ul Haq, HDF CEO, delved into 'Climate Smart Communities,' spotlighting projects like the Afaf Dam and underscoring the sustainable future envisioned by HDF. Closing with a call for collective responsibility, Mr. Haq urged proactive steps for sustainable living.

However, the highlight of the event was HDF winning the Sustainability Award 2023 in the 'Water Conservation' for the Afaf Dam, reinforcing their dedication to a sustainable future. Mr. Haq proudly received the award, remarking, **"This is the sixth Dam that HDF has built in Pakistan and is unique in that it is part of an eco-system design that addresses the environment and multidimensional poverty simultaneously."**



MEDIA GALLERY



Profound Collaborations at SDC2023:

HDF's 25th Anniversary commemoration at the Sustainable Development Conference kicked off with a dynamic panel discussion on 'Transforming Communities,' featuring luminaries such as Dr. Muhammad Khalid Riaz, Chairman HDF, Lt. Gen. (Retd) Anis Abbasi, Vice Chairman HDF, Dr. Adil Najam, President WWF, Dr. Tariq Banuri, Former Chairperson HEC, Ms. Fatima Hussain, Managing Director HDF North America, and Dr. Abid Qaiyum Suleri, Executive Director SDPI. The discourse delved into HDF's transformative journey, emphasizing poverty eradication and grassroots impact.

Reflecting on HDF's evolution and expatriate support, Dr. Adil Najam, a founding member, noted, **"It is not that the diaspora supports HDF but HDF supports the diaspora. HDF gives meaning to their support, that is why this partnership works."**

Dr. Tariq Banuri, another founding member, expressed the team's dedication, saying, "We want to make a difference in the lives of others," resonating deeply with the audience.

Addressing the team that works tirelessly for creating positive change in the society, another founding member, Dr. Tariq Banuri's words, **"We are happy to live whatever life God gives us but we want to make a difference in the lives of others,"** resonated, leaving the audience deeply moved.

The event fostered connections, uniting industry experts, HDF founders, donors, and supporters in their passion for sustainable development. In a significant moment, HDF solidified commitments by signing Memoranda of Understanding with SDPI and Code for Pakistan, paving the way for impactful collaborations toward a greener and more sustainable Pakistan.



MEDIA GALLERY



ANOTHER 25 YEARS TO LOOK FORWARD TO.

Charting the Course Ahead

In the coming years, HDF envisions a future characterized by a deepened commitment to creating sustainable positive change. By strategically concentrating on community development, empowering the youth and fostering climate resilience, HDF is poised to navigate the challenges of the next decade with resilience and innovation. The organization's forward trajectory is marked by a holistic approach that seeks to address systemic issues, leaving an enduring imprint on marginalized communities.

A Model of Climate Resilience in Soon Valley:

HDF's Climate Smart Community in Soon Valley, anchored by the successful Afaf Dam, manages water scarcity effectively. Our olive cultivation initiative aims to transform the region into an agricultural hub, promoting economic development and addressing deforestation. Revolutionizing the lives of 1200 families, eco-friendly stoves will reduce carbon emissions, preserve forests and improve health by reducing smoke-related hazards. The upcoming Mother and Child Healthcare Center will ensure accessible high-quality healthcare. Furthermore, HDF will actively contribute to Ramsar Site restoration with the plantation of native flora and advocating against illegal hunting and poaching, all the while promoting eco-tourism. With an effort towards such green initiatives, HDF looks forward to tapping into the carbon credits market.

Empowering Youth with Transferable Skills:

With HDF's own Human Development Institute of Future Skills and a joint project with ATINS NLC, HDF is contributing to alleviate the problems of youth bulge, high youth unemployment and illegal migrations/human smuggling of youth abroad to find better economic opportunities. HDIFS is offering courses in digital skills to empower their livelihoods and provide them opportunities at home. In collaboration with ATINS NLC, four of the HDF-sponsored students have graduated from various vocational training courses and are currently employed in their fields. HDF and ATINS NLC are also offering a 3-year Pak-China Joint Diploma with 2 years study at ATINS Mandra and a fully funded third year in China for our aspiring youth.

HDF is striving to tackle youth bulge, unemployment and illegal migrations of our youth abroad in search of better economic opportunities with our own Human Development Institute of Future Skills (HDIFS) and a partnership with ATINS NLC. HDIFS is empowering youth through digital skills courses, offering local opportunities. Collaborating with ATINS NLC, four HDF-sponsored students have graduated from vocational trainings and are now employed. The impactful 3-year Pak-China Joint Diploma, with two years at ATINS Mandra and a fully funded third year in China, exemplifies HDF's commitment to shaping a brighter future for aspiring youth.

As HDF embraces another decade of hard work, it aspires not only to uplift individuals but also to contribute meaningfully to the larger narrative of societal progress, laying the groundwork for a more equitable and sustainable future.