





## MISS SAMMAN TAKES THE HELM AT HDF:

#### A VISION FOR PROGRESS

It is with great enthusiasm that I write to you as the new CEO of the Human Development Foundation. Stepping into this role is both a privilege and a responsibility, as I have the honor of continuing the impactful work HDF has carried out for over two decades.

From the moment I joined, I have been inspired by the dedication and passion of our team, the resilience of the communities we serve, and the generosity of our supporters. These are the pillars that make HDF a beacon of hope and change.

As we look ahead, I am eager to build upon the foundation laid by my predecessors. My focus will be on strengthening our programs, expanding our reach, and fostering even deeper

connections with our partners and beneficiaries. Together, we will work to empower individuals and families with the tools and opportunities they need to thrive.

Thank you for your continued trust in HDF and in me as we embark on this journey together. I am excited for the future and look forward to achieving even greater milestones with all of you by our side.

July

**SAMMAN ISLAM** 

Chief Executive Officer
Human Development Foundation

### HDF AND AL-KHIDMAT PARTNERSHIP: HOPE FOR GAZA

### **MEAL AID: NOURISHMENT WITH A MESSAGE OF COMPASSION**

In collaboration with Al-Khidmat Foundation Pakistan, HDF provided 1,000 hot meals to families in Gaza, bringing more than just sustenance to those affected by the ongoing crisis. These meals symbolized hope and solidarity during a time of unimaginable hardship.

Warm meals do more than fill empty stomachs; they remind vulnerable families and children that the world cares. Your generous donations have made it possible to extend this compassion and comfort to those in need.





### **WATER AID: DELIVERING LIFE'S ESSENTIALS TO GAZA**

Clean water is a lifeline for survival, especially in the Gaza Strip, where access is severely limited. Together, HDF and Al-Khidmat launched a water distribution campaign, ensuring families in central Gaza received:

**Safe drinking water** to address scarcity. **Hot water** for personal use during the harsh cold season.

Water for hygiene and washing to promote health and well-being.

These initiatives have empowered families to maintain their dignity and resilience, even in the face of adversity.





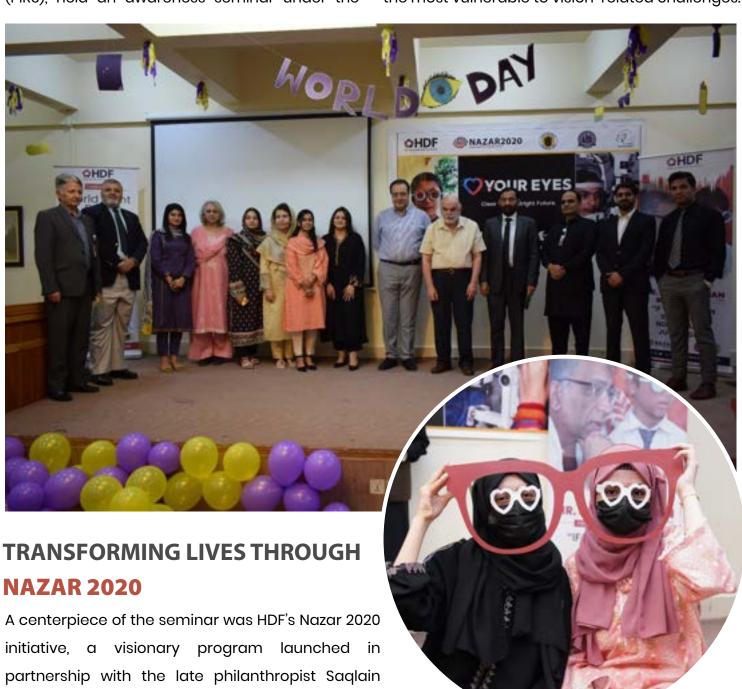
### **MOVING FORWARD TOGETHER**

The HDF-Al-Khidmat partnership exemplifies the power of collective action. By focusing on essential needs like food and water, we continue

to bring relief and hope to the people of Gaza. Together, we aim to build a more compassionate and resilient future for communities in need.

### HDF AND PIRS CELEBRATE WORLD SIGHT DAY WITH NAZAR 2020 INITIATIVE

On World Sight Day, the Human Development Foundation (HDF), in collaboration with the Pakistan Institute of Rehabilitation Sciences (PIRS), held an awareness seminar under the theme "Children, Love Your Eyes." The event highlighted the importance of preventive eye care, particularly for children, who are among the most vulnerable to vision-related challenges.



partnership with the late philanthropist Saqlain Khan. The initiative focuses on improving vision care in schools across Pakistan, aiming to enhance children's education and quality of life.

Miss Alia Khan, wife of Saqlain Khan, expressed her deep commitment to this mission, stating:

"This initiative is not just a project; it's a lifeline transforming the lives of students."





#### SHAPING PERCEPTIONS ABOUT DISABILITIES

Speaking at the event, HDF's CEO, Miss Samman Islam, shed light on the broader societal implications of unaddressed vision issues. She stated:

"We as a society often label children as failures when they struggle academically, without realizing their challenges may stem from undiagnosed disabilities. Accessible healthcare, such as vision screenings, is crucial to remove these barriers."

Miss Islam emphasized the need to foster empathy and action, urging communities to prioritize eye health and support children with disabilities through early intervention.

The seminar concluded with a renewed call to action to prevent avoidable blindness and vision impairment. HDF and PIRS remain dedicated to their mission of creating a healthier, more inclusive future for all.









#### **HDF LAUNCHES BREAST CANCER AWARENESS**

### **DIGITAL CAMPAIGN**

In recognition of Breast Cancer Awareness Month, the Human Development Foundation (HDF) rolled out a comprehensive digital campaign to educate, inspire, and support individuals affected by breast cancer. This initiative aimed to shed light on early detection and prevention while addressing the social and emotional challenges survivors often face.

# BREAKING STIGMAS: BREAST CANCER IN MEN AND WOMEN

The campaign also emphasized that breast cancer can affect both men and women, tackling misconceptions and encouraging everyone to prioritize their health. By addressing this less-discussed aspect of the disease, HDF aimed to break stigmas and foster conversations that inspire early action.

### **Key Focus Areas**

HDF's digital campaign centered on:

- 1. Raising awareness about early detection through self-exams and screenings.
- 2. Encouraging lifestyle changes to reduce risk factors.
- 3. Creating a supportive network for survivors and their families.
- 4. Highlighting the importance of addressing breast cancer in both men and women.

Through this initiative, HDF empowered individuals with knowledge and resources to take proactive steps in managing their health. Together, we continue to strive for a future where awareness, compassion, and early detection lead the fight against breast cancer.







### HDF STUDENTS SHINE WITH SILVER MEDAL AT NATIONAL SPELLING BEE

The Human Development Foundation (HDF) is proud to celebrate the exceptional achievement of two talented girls from the HDF Gurdas School in Mardan, who secured the Silver Medal at the prestigious Pakistan Spelling Bee competition. This remarkable accomplishment is a testament to their hard work, determination, and passion for learning.

### A REFLECTION OF HOLISTIC EDUCATION

HDF's commitment to holistic education played a pivotal role in this success. By nurturing critical thinking, confidence, and creativity, we empower our students to excel both inside and outside the classroom. This achievement showcases how our focus on skill-building and all-round development can unlock potential and pave the

way for future successes.

We extend our heartfelt congratulations to the students and their educators, whose dedication continues to inspire us all. This milestone is not just a win for HDF but a celebration of the power of education to transform lives and foster excellence.



### HDF SECURES ACCREDITATION WITH NDRMF: STRENGTHENING DISASTER RESILIENCE

The Human Development Foundation (HDF) is proud to announce its conditional accreditation with the National Disaster Risk Management Fund (NDRMF), a significant milestone in its mission to build resilient communities.

This achievement paves the way for HDF to integrate disaster risk reduction (DRR) and

climate adaptation strategies into its ongoing efforts, particularly in water, sanitation, and hygiene (WASH) programs. By addressing the challenges of natural disasters and climate change, HDF aims to empower vulnerable communities to safeguard their livelihoods and resources while fostering sustainable environments.



### A COMMITMENT TO RESILIENCE

With this accreditation, HDF strengthens its focus on disaster preparedness and climate resilience. The partnership with NDRMF will facilitate the development of innovative initiatives designed to equip communities with the tools and knowledge needed to thrive in an ever-changing

environment.

HDF remains committed to achieving full accreditation and expanding its impact, ensuring that communities across Pakistan are better prepared to face the challenges of the future.

#### STRATEGIZING FOR IMPACT:

#### **HDF KICKS OFF ANNUAL OPERATIONAL PLANNING 2025**

The Human Development Foundation (HDF) successfully launched its Annual Operational Planning (AOP) 2025 meeting this October, gathering senior leadership and stakeholders to outline strategic goals for the upcoming year. The event was graced by the online presence of HDF's Chairman, Dr. M. Khalid Riaz, and CEO, Ms. Samman Islam, who emphasized the importance of collaboration and innovation in driving impactful change.

Held over multiple sessions, the AOP focused on key areas such as goal-setting, resource alignment, and risk management. Participants engaged in detailed discussions on strengthening HDF's programs, enhancing community impact, and addressing potential challenges through effective contingency planning.

"This AOP is not just about planning; it's about reaffirming our commitment to the communities we serve and ensuring our initiatives are aligned with their needs," remarked Ms. Samman Islam. "Together, we're creating a roadmap for sustainable and transformative change."

The meeting concluded with actionable steps aimed at enhancing operational efficiency and delivering measurable outcomes. HDF looks forward to implementing the strategies developed during the AOP and sharing the impact with its stakeholders in the months ahead.



### HDF HOSTS ESTEEMED DONORS FOR REGIONAL VISITS

The Human Development Foundation (HDF) proudly welcomed its esteemed donors for a series of regional visits to witness the transformative impact of their contributions. These visits, spanning key locations such as Islamabad, Mardan, and Karachi, showcased the tangible outcomes of HDF's programs in empowering communities.





#### **KEY DONORS ENGAGED IN THE VISITS**

Prominent donors, including **Dr. Khalid Riaz, Dr. Wali Khan, Dr. Nadra Khan, Ms. Zeenat Anwer,** and **Mr. Munir Rizvi,** participated in the visits. They observed various initiatives aimed at improving livelihoods, education, and access to basic necessities.

### STRENGTHENING COMMUNITY CONNECTIONS

The visits were expertly facilitated by Village Development Organizations (VDOs), whose intimate knowledge of local progress enriched the donor experience. These grassroots organizations provided invaluable insights into the challenges and successes of ongoing initiatives.

The donors' reflections were captured in a visitor's log, and their feedback helped update program files and donor reports. This practice underscores HDF's commitment to transparency, accountability, and continuous improvement in achieving its mission.

HDF extends heartfelt gratitude to all donors whose generosity continues to create meaningful change. These visits not only strengthen the bond between donors and communities but also serve as a testament to the impactful work that can be achieved through collaboration and shared vision.



### **WAYS TO SUPPORT US**

You may enjoy financial and tax benefits while also helping ensure that the work of HDF will endure for generations to come

Endowment

Donate to fund our good work forever

Stock Transfer
Contact the HDF office

Host A Virtual Fundraiser

Honor A Loved One
Donate in someone's memory or honor

Ask Your Employer
To match your donation

Adopt A Project
Ask us how

**Donor Advised Fund** 

Join our charitable giving program that allows you to combine the most favorable tax benefits with the flexibility to support your favorite causes



**Human Development Foundation** 

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