

# ANNUAL REPORT 2022

25<sup>th</sup> Year Anniversary Edition







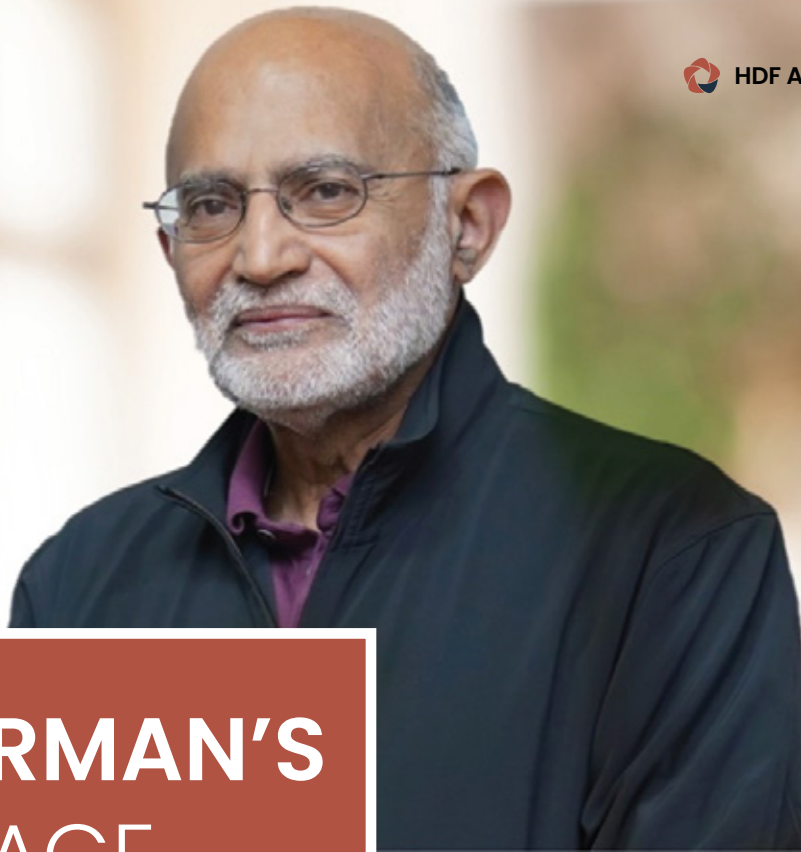
*The never ending resilience of the flood affected children in Ghotki.*



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## CHAIRMAN'S MESSAGE

Humanity, particularly the people of Pakistan, is facing incredibly challenging times. Our society is grappling with the absence of social safety nets, widespread turmoil, and the strain on limited resources. Amidst this chaos, it becomes increasingly difficult to engage in meaningful conversations, as non-productive debates dominate the landscape. However, it is precisely during these trying times that the importance of community development becomes even more pronounced.

I am pleased to present our annual report, which highlights the relentless efforts and dedication of the Human Development Foundation - HDF and its partners in supporting and uplifting our partner communities. Together, we have been working tirelessly to address the pressing needs and provide assistance where it is most needed.

I am deeply grateful to our valued partners for their unwavering support and collaboration in this journey of progress. It is through your commitment and shared vision that we have been able to make a tangible difference in the lives of countless individuals and communities. Your contributions, whether financial, in-kind, or through valuable expertise, have played a crucial role in our collective achievements.

Looking ahead, I am filled with optimism and a sense of purpose. The challenges we face today necessitate greater innovation and creativity in our programs. In the year 2023, we will continue to push boundaries, explore new avenues, and seek sustainable solutions that have a lasting impact on the communities we serve. Together, we will navigate through these turbulent times and emerge stronger, guided by our unwavering commitment to human development.

I invite you all to delve into this report, which showcases the remarkable progress we have made and the lives we have touched. Each success story is a testament to the power of collective action and the resilience of the human spirit. Let us celebrate these achievements and draw inspiration from them as we embark on the next phase of our journey.

On behalf of HDF, I extend my heartfelt gratitude to everyone who has been a part of our efforts. Your support, trust, and belief in our mission are the driving forces behind our accomplishments. Together, let us forge ahead, fostering a brighter and more inclusive future for all.

Dr. Muhammad Khalid Riaz  
Chairman





## CEO'S MESSAGE

I am pleased to present the annual report of Human Development Foundation – HDF for the year 2022, which marks HDF's silver jubilee. As we reflect on the past year, we are proud to share our achievements in making a positive impact on the lives of half a million marginalised people particularly those who were affected by the devastating floods in Rajanpur, Ghotki, and Jacobabad.

The floods of 2022 in Pakistan were a calamity that left millions of people homeless and without access to basic necessities. However, in the face of such adversity, HDF stepped up to provide relief and rehabilitation to those in need. We worked closely with the local authorities to deliver aid and support to the affected areas, and we are pleased to report significant progress in rebuilding the lives of those impacted by the floods. We are grateful for our donors' generous assistance which enabled us to reconstruct 21 houses in Rajanpur, Punjab, and provide off-grid solar energy for their electricity needs. HDF has also successfully completed reconstruction of 24 completely damaged houses in Jacobabad, Sindh, while 11 more houses are underway and expected to be completed in 2023. At HDF, our rehabilitation plan is designed to ensure a coordinated and integrated service delivery, built upon an assimilated approach reflecting our forte and core strengths which will ensure: resilient housing, livelihood & food security, safe water, health, education, and, sustainable environment. Our strategy aims to accelerate our

efforts to uplift affected communities by building climate-adaptive houses, supporting infrastructure, and reviving their livelihoods.

Looking ahead, we remain steadfast in our commitment to sustainability and environmental preservation. Our recent initiative, the Afaf Dam, will serve as a vital source of water recharge in the Soon-Sakesar Valley. Despite the project still being under construction in 2022, we remain resolute in our efforts to empower local communities in the area through various livelihood activities, such as olive plantation and oil extraction, reforestation, and Saffron cultivation, with a particular focus on training and empowering women in the region. Our goal is to connect these communities with the market and enable them to earn carbon credits for their efforts.

In conclusion, I want to thank our dedicated team, volunteers, donors, and partners for their unwavering support and commitment to our cause. Together, we will continue to create a sustainable and thriving future for all vulnerable and marginalized communities, in line with our mission and vision, guided by our core values of honesty, integrity, accountability, transparency, efficiency, and fiscal responsibility.



Mehboob ul Haq  
Chief Executive Officer

# 25 YEARS OF SERVING HUMANITY

## ABOUT HDF

Since our inception in 1997, HDF has successfully implemented a holistic model of community development to achieve Sustainable Development Goal's (SDGs) by serving partner communities in 69 districts of Pakistan during the course of 25 years. Our quest for positive social change to remote and marginalized communities remains at the forefront, and we at the foundation, work tirelessly to help the communities who are most vulnerable.

HDF's unwavering commitment to promoting sustainable development and empowering communities is manifested through its holistic approach of implementing integrated programs that prioritize overall human well-being. Our core programs bring them support in primary healthcare, education & literacy, livelihood & food security, sustainable environment & WASH, social capital development and emergency response during national calamities.



Our philosophy of 'helping people help themselves' is rooted in the principles of harnessing the potential of partner communities. Our responsibility within each area of focus remains the same – to empower communities and individuals with the tools and resources needed to achieve and sustain a better way of life. HDF works in close partnership with HDF North America and HDF Canada to address the needs of the most vulnerable communities in four provinces of Pakistan and AJK, facilitating them toward a better present and a brighter future.

HDF reaches **23,437** households **2002** across regions in Pakistan.

With continuous efforts, HDF manages to impact **268,448** people under its program areas.

**2007**

**1997**

A humanitarian organization is founded under the mentorship of Dr. Mahbub Ul Haq as a gift to Pakistan by the Pakistani-American diaspora, on its 50th Independence Day.

**2012**

Increasing efforts lead to an increasing influence. HDF reaches **91,196** households, changing the lives of **585,471** people.

**2017**

More than **20 million** people are assisted & benefitted under HDF's holistic program approach.

**2022**

HDF celebrates its Silver Jubilee, taking pride in successfully supporting over **3.7 million** Pakistanis and projecting across all provinces including AJK.





## VISION

To Become A Centre Of Excellence Known  
for Progressive And Transformational  
Human Development Programs

## CORE VALUES

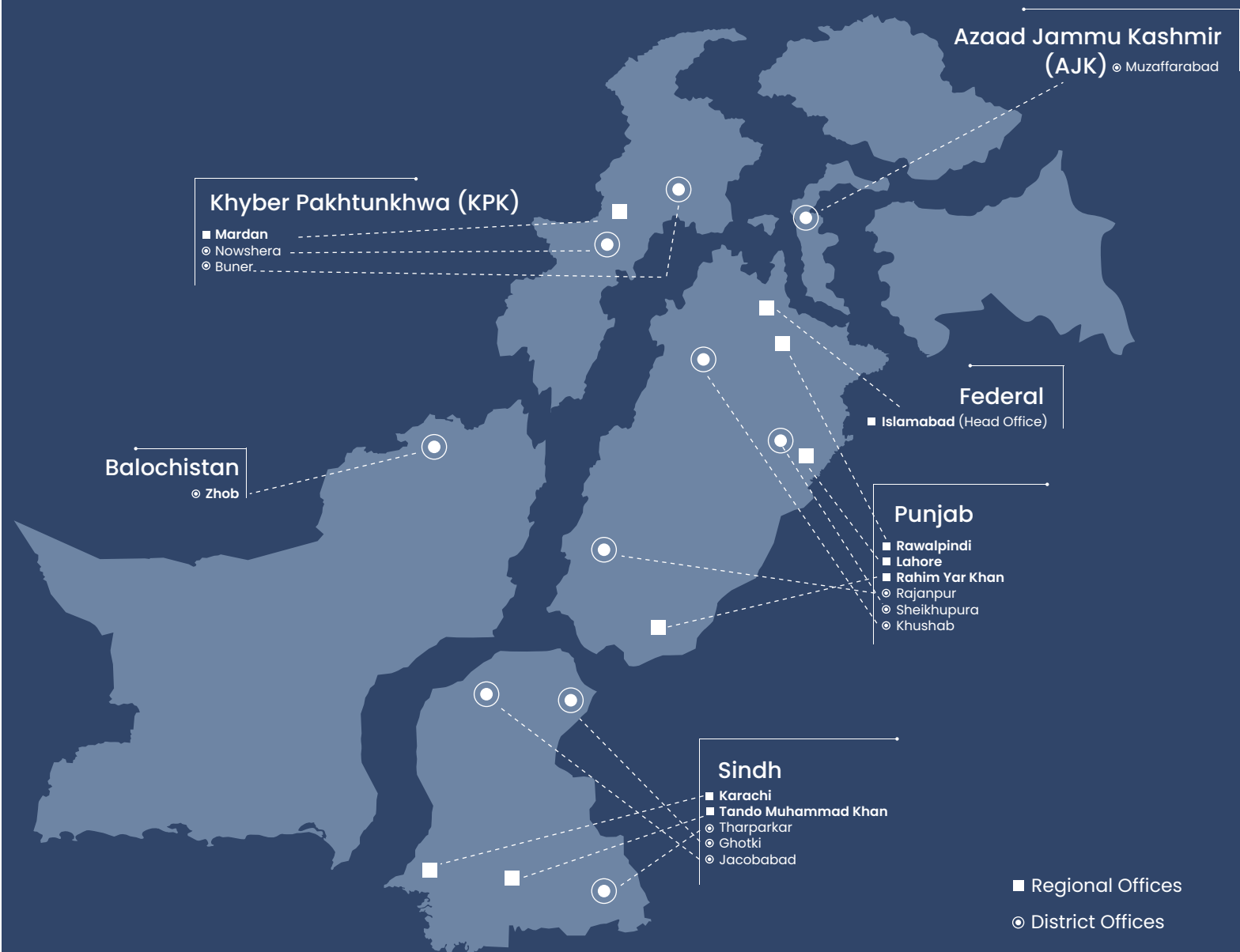
- Honesty
- Integrity
- Accountability
- Transparency
- Efficiency
- Fiscal Responsibility

core  
values

## MISSION

To Facilitate A Non-Political Movement for Positive Social Change  
And Community Empowerment Through Mass Literacy, Enhanced  
Quality Of Education, Universal Primary Healthcare, And  
Grassroots Economic Development

# Where We Work





# Geographical Footprint

**3,712,753** Beneficiaries\*

**530,722** Households\*

**7,642** Villages

**08** Regional Offices

**53** Districts

**85** Tehsils

**914** Union Councils

\*The stated figures are cumulative which means they represent HDFs' impact over 25 years.



# Humanitarian Relief Efforts

**Humanitarian  
Relief Efforts**





HDF has been at the forefront through a sustainable humanitarian response with a proven track record of extraordinary contributions in alleviating human suffering in emergencies, be it the drought in 2000, earthquake in 2005, IDP crisis in 2009, flash floods of 2010-11, Covid pandemic in 2019, and the recent floods in 2022.



# HUMANITARIAN RELIEF EFFORTS

## IN DROUGHT 2000



### Badanzai

Delay-Action Dam (DAD)



### Shahabzai

Delay-Action Dam (DAD)



### Other Infrastructure Projects

School, Community Health Center, Roads, Street Pavements & Culverts



### Mina Bazaar

Check Dam



### Wala Akram

Check Dam



### Drinking Water

Supplied in Mastung



### 10,000

Olive Trees Planted



### Medicines

Supplied in Noshki & Zhob, Balochistan



### Food & Seeds

Supplied in Tharparkar, Sindh





# HUMANITARIAN RELIEF EFFORTS

## IN EARTHQUAKE 2005



**4,000**  
Blankets



**550**  
Tents



**1,000**  
Alaska Structures



**101**  
Sanitation Units



**101**  
Kitchen Units



**2,000** People  
Provided Healthcare Facilities



**High School**  
Established For Girls



**73**  
Girls Enrolled



**Community Health Center**  
Established & Equipped with  
X-Ray, Microlab & Ambulance



# HUMANITARIAN RELIEF EFFORTS

## IN IDP CRISIS 2009



### Curative Health Services

Provided through Mobile Health Units for IDPs



### 02 Relief & Rehabilitation Centers

Established for IDPs in Mardan



### PKR 1 Million Worth

Medicine Provided to Hizbullah Hospital, Swat



### PKR 1.2 Million Worth

Milk Provided to Internally Displaced Children of Waziristan



### Vocational Center

Established for Women



### Non-Formal Schools

Set Up





## HUMANITARIAN RELIEF EFFORTS IN FLOODS 2010-2011



**250**

Free Medical Camps



**2.5**

Million

Meals Provided



**500**

Houses Constructed

(Following ERRR Construction Model)



**35**

Water Pumps Installed  
For Irrigation Water Supply



**40**

Hand Pumps Installed  
For Domestic Use



**15,000**

Water Purification Tablets  
Dispersed



**8**

Filtration Plants Installed



**18**

(500 Gallon)

Safe Drinking Water  
Tanks Installed



**22**

Tertiary Water Courses Desilted  
(With Financial Support of FAO)



**600**

Buffalos Provided to  
Women



**1000**

Farmers

Provided Agriculture  
Inputs



**NFIs** Distributed

(Stitched Clothes, School Bags, Torches, Stoves,  
Bed Throws, Pillows & Mosquito Repellents)





## HUMANITARIAN RELIEF EFFORTS IN COVID-19



**5.5** Million

Meals Provided to 69,629  
Community Members



**11,932** Families

Registered with Federal Ehsaas  
Emergency Cash Program



**26,000** Patients

Treated through HDF Community  
Health Center & Telemedicine



**3,690** Families

Registered with Provincial  
Insaaf Imdad Program



**3,160**

Kitchen Gardens Established  
To Improve Food Insecurity





## HUMANITARIAN RELIEF EFFORTS IN FLOODS 2022



**Over 2.1 Million**  
Meals Distributed



**13**  
Houses for APPNA Basti  
is Underway



**14,216**  
Patients Treated



**136**  
Medical Camps



**1,953**  
Homeless Provided Tents



**1,170**  
Provided Tarpaulin for  
Temporary Shelter



**102,060**  
People Protected from Malaria  
through Mosquito Fogging



**2,170**  
Mosquito Nets Distributed



**4,390**  
People Provided  
Awareness on Hygiene



**11**  
Pit Latrine with Hand Washing  
Facility Installed



**730**  
Health Facility Assessment



**2,857**  
Hygiene Kits



**3,110**  
Household Assessment



**225,085**  
People Provided Clean Water  
Through Water Tankering



# HDF's History in Building Model Villages

**HDF's History  
in Building Model Villages**






Following the disastrous floods of 2010, one of HDF's major efforts has been rehabilitation work in the form of Misali Bastis (Model Villages) in the affected areas of Pakistan that are now kept maintained by the communities and HDF together. On a quest to improve livelihood in rural Pakistan, initiatives on health, safety, hygiene and clean water are carried out in these self-contained communities. These Model Villages consist of relatively high-quality housing with integrated community amenities.



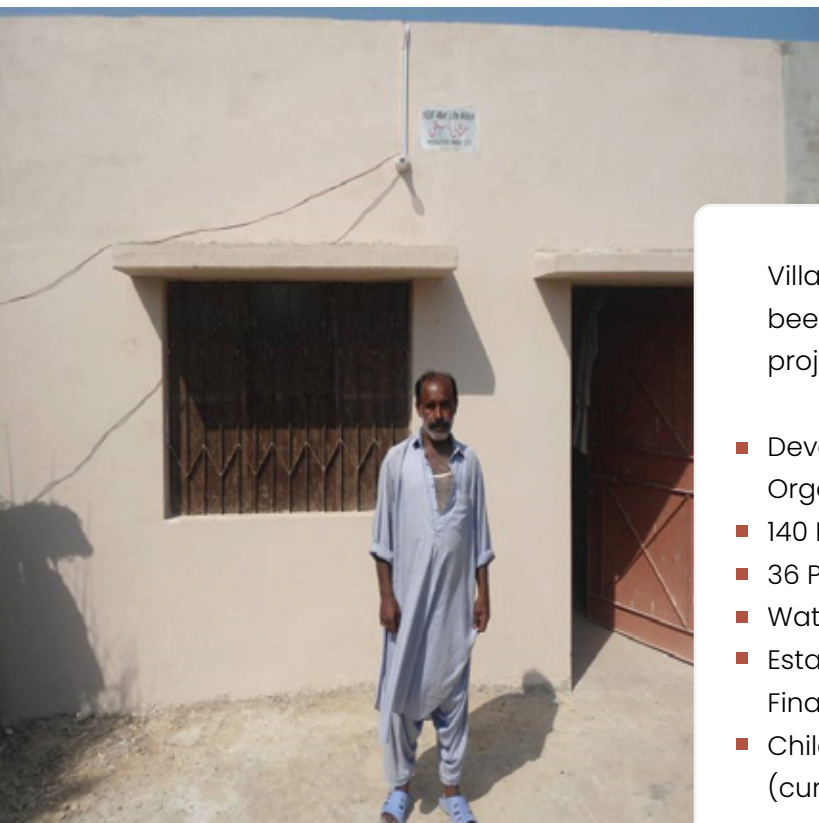
## Siddique Maddo

In Partnership with:  Ohio Community USA

Village Siddique Maddo in Tando Muhammad Khan has been converted into a Model Village. The completed projects are as follows:

- Developed Local Support/Village Development Organization
- 75 Housing Units
- 75 Solar Power Systems. Each Unit Included 4 LED Bulbs & 1 Pedestal Fan.
- 10 Solar Operated Streetlights
- Solid Waste Management System
- A Non-Formal School

This village also provides an education facility and healthcare services to the community through the HDF Community Health Center.



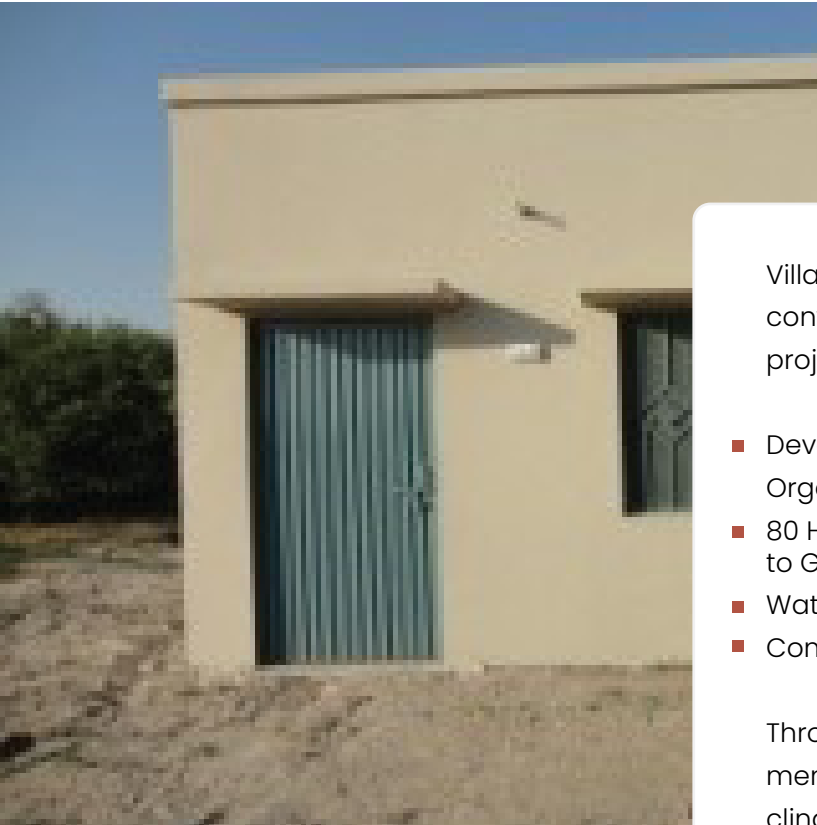
## Budhapur

In Partnership with:  MetLife Alico  Rotary Club of Karachi

Village Budhapur in Tando Muhammad Khan has been converted into a Model Village. The completed projects are as follows:

- Developed Local Support/Village Development Organization
- 140 Housing Units
- 36 Paved Streets, 34 Streetlights
- Water Filtration Plant
- Established a Village Bank for Local Microcredit Financing
- Children's park and building for girls' primary school (currently enrolls 79 female students)

Thanks to VDO efforts, the government constructed a ring embankment around the village to protect it from future floods. The community has been



## Basti Makora

In Partnership with:  

Village Basti Makora in Rahim Yar Khan has been converted into a Model Village. The completed projects are as follows:

- Developed Local Support/Village Development Organization
- 80 Housing Units and 1 Additional Unit Handed Over to Government to Run a Veterinary Clinic.
- Water Filtration Plant
- Community Health Center (CHC)

Through dedicated efforts by the VDO, the government has constructed a ring embankment encircling the village, effectively safeguarding it against potential flood risks. As a result, the community has been shielded from any detrimental consequences.



## Samar Bagh

In Partnership with:  

Village Samar Bagh in Mardan has been converted into a Model Village. The completed projects are as follows:

- Developed Local Support/Village Development Organization
- 193 Housing Units
- Paved Streets, Covered Drains & 250 Streetlights
- Water Filtration Plant
- Solid Waste Management System
- Established a Village Bank for local microcredit financing
- Enhanced CHC's Building Capacity and Services
- Built a Community Center
- Installation of Solar Panel in CHC and Community Center for Uninterrupted Electricity
- Community Health Center
- School (84 Students Currently Enrolled)

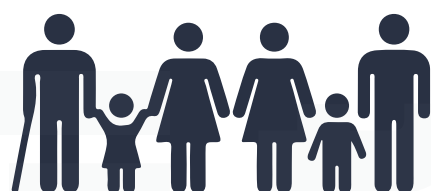




# TRAININGS *for* FARMERS ON IMPROVED AGRI PRACTICES

in f p o t @hdfpk  
www.hdfpk.com

Trainings for farmers on improved agri practices being held in Rajanpur



# Social Capital Development

## Social Capital Development

# IMPACT: 25 YEARS OF SERVING HUMANITY

1997-2022



## Social Capital Development

**Promote inclusive societies for sustainable development and build effective, accountable, and inclusive institutions at all levels.**

Social Capital Development (SCD) is the backbone of the people-centric community development process and plays a proactive and engaging role in mobilizing communities to identify their needs and find solutions to their problems. The process of social mobilization seeks to develop communities through building and strengthening local institutions as well as forming alliances based on shared values, norms, vision, and cooperation.

**HDF facilitates institution building from the grassroots level by forming community organizations, providing training in community management & skills development, as well as developing forums for children.**



**3.7 MILLION**

Overall Beneficiary



**1,689**

Community Organizations (COs) Established



**330**

Village Development Organizations (VDOs) Established



**4,535**

Individuals Trained in Community Based Disaster Risk Management (CBDRM)



**24,265**

Individuals Trained in Community Management Skills Trainings (CMSTs),



**364**

Children Forums were Formed



**5,134**

Individuals Trained in Advocacy and Human Rights



**5,074**

Community Members were Educated about Health, Hygiene, and Safely Managed Sanitation (In collaboration with Primary Healthcare Program)



**6,109**

Community Members were Educated on the Significance of Safe Drinking Water Usage



**3,955**

Capacity Building Awareness Raising Sessions on Gender Mainstreaming and Women Empowerment



**4,607**

Community Members Empowered with Awareness of their Fundamental Rights, Including Birth and Death Registration, Voting, and Obtaining a CNIC.



**45**

Farmer Field School (FFS) Sessions Conducted



**4,263**

Capacity Building Sessions of Sector Committees of Village Development Organizations (VDOs)

**19 'Entrepreneurship Development Skills Training' Consisting of Two-Day Workshops Conducted to Empower 389 Community Members with Employable Skills. (2022)**





# SUCCESS STORY: IMRAN KHAN



Social mobilization is considered to be a key instrument for change and poverty alleviation in underdeveloped countries like Pakistan. With such values at its core, HDF has ignited a revolution of empowerment and poverty alleviation, proving that community participation is the key to transformation.'

A living proof of HDF's hard work is 35-year-old Imran Khan, a resident of village Jalal Kali in Mardan which comprised mostly of underprivileged, low-income households depending mainly on agriculture and labor as their source of income. As a member of an 18-person household, where the expenditures were higher than the income coming in, Imran was always in search of skills he could learn to break free from the cycle of financial struggle. HDF's visionary initiative to impart vocational training skills in the area caught Imran's attention. The prospect of becoming an electrician provided a glimmer of hope and a path to a better future. Imran and his brother seized the opportunity, receiving training from HDF and mastering the craft. Being the only two people in the village with the skillset of an electrician, the demand for their services grew rapidly. They became renowned for their professionalism and excellence, building a clientele that even spanned the surrounding villages.



Yet, the success story didn't end there. Imran realized that the growing demand could not be met by him and his brother alone. In a remarkable act of community upliftment, he began training the youth of the area in the same field. Imran's vision expanded beyond personal gains as he dedicated himself to raising the living standards of the entire village.

**"HDF played a truly vital role in the transformation of not just my life, but the lives of the villagers around me and for that I will always be thankful to them," he remarked with gratitude.**

Today, Imran stands as a testament to the transformative power of HDF's holistic approach towards community empowerment. He now earns a sustainable income, providing for his family's needs and ensuring that his children receive an education. His determination, combined with the support and training he received, has reshaped not only his own life but also the lives of the villagers around him.





**30 groups comprising of 240 small-scale farmers belonging to different villages of Mardan were provided monthly sessions of FFS training for a year**

### **Capacity building of small-scale food producers through farmer field school (FFS)**

To Maximize Agriculture Yield through Sustainable Farming & Promote Social Capital Development at Community Level

Farmer Field School (FFS) is a participatory education approach that brings together a group of small-scale food producers to solve production problems through sustainable agriculture. The FFS approach offers space for hands-on group learning, enhancing skills for observation and critical analysis, and improved decision-making by local communities. This training was planned in consultation and technical support from United Nations Food & Agriculture Organization (FAO) to further add value to HDFs Livelihood & Food Security and Social Capital Development program. The objective of FFS approach was to empower farmers and help them achieve maximum productivity and support agricultural livelihood through modern agriculture practices. FFS helped develop skills and knowledge of member farmers on its objectives and purpose, land preparation, seed varieties and selection, sowing techniques, sugarcane crop diseases and their prevention, and pre-emergence weedicide.

**Overall, the Farmers Field Schools were a success and the participants were grateful to HDF for the opportunity to learn and improve their farming practices. A total of 25 FFS sessions were conducted in 2022.**



*Embarking on an educational journey for a brighter future.*





# Education & Literacy

**Education & Literacy**

# IMPACT: 25 YEARS OF SERVING HUMANITY

1997–2022



## Education & Literacy

**Promoting equitable quality education for all, ensuring all children, especially girls, realize their full potential**

HDF, through its Education & Literacy program, is dedicated to overcoming the challenges facing Pakistan's education system, particularly for marginalized children. With over 22.8 million out-of-school children (OOSC), we know that providing equitable and quality education is essential.

We're proud to have enrolled and retained many out-of-school children in rural areas through our regular campaigns. But our focus goes beyond just academics. We develop life skills such as analytical thinking, promote civic sense, and prioritize gender equality and community participation while respecting local norms and culture.

Our co-curricular activities are just as essential as classroom learning. We celebrate national and international days, organize science and art exhibitions, sports days, exposure visits, debates, and contests like the Spelling Bee and Kangaroo Mathematics. We also offer career counseling sessions to guide students toward a brighter future.

We support bright and deserving students through our Orphan Development and Scholarship programs, ensuring that they can achieve their dreams.



**274**

Non-Formal Schools Established (250 Non-Formal Schools converted into 21 Formal Schools)



**62%**

Girls Enrolment



**4,329**

Beneficiaries of Adult Literacy Centers (ALCs)



**8,591,987**

Worth Scholarships Disbursed



**3,756**

Teachers Trained In Modern Pedagogical Practices



**6,123**

Out-Of-School-Children Currently Enrolled



**12,304**

Students Graduated So Far



**77**

Participants Completed Adolescence & Adult Learning & Training Program (AALTP)



**1,406**

Deserving Students Were Awarded Scholarships

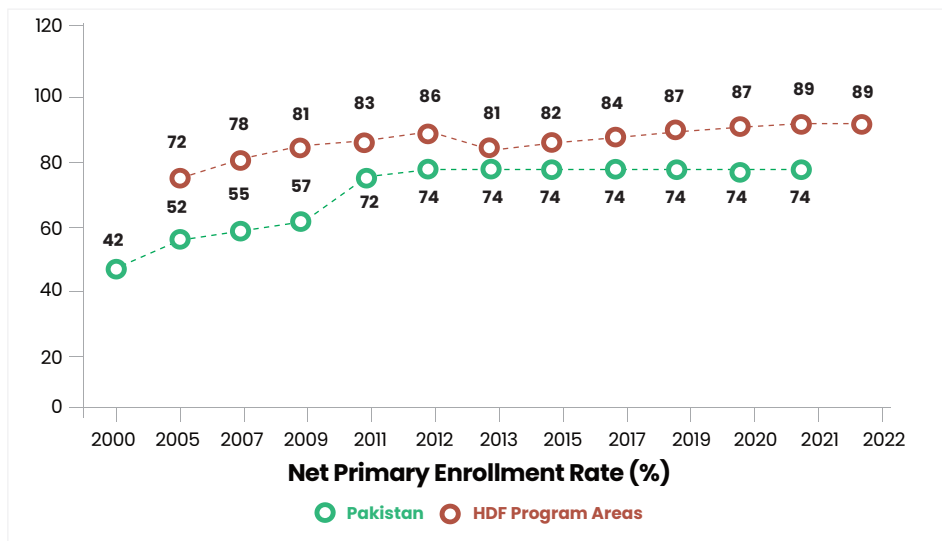


**255**

Orphans & Their Mothers Supported Under Orphan Development Program



## Key performance Indicators (KPIs)



### School Health Program Improving Health and Process of Learning

At HDF, we firmly believe that good health is essential for academic success. Therefore, we have institutionalized School Health Program as an integral part of our education system. Our goal is to improve the health and learning process of students through annual health screenings, health education, and girl-friendly WASH interventions. The program is successfully implemented in all HDF schools, with a significant number of students and teachers screened to date. We prioritize the well-being of our students by conducting regular deworming sessions, eyesight screenings with on-spot provision of spectacles and referral to hospitals and specialists for necessary treatment. Moreover, we organize awareness sessions on personal hygiene, menstrual hygiene management (MHM), water, sanitation & hygiene (WASH), balanced diet, dietary diversity, healthy lifestyle, and disease prevention. By doing so, we aim to promote quality education and improve the health outcomes of our students.

- **Over 0.2 Million** Students & Teachers Screened for Health & Nutrition Indicators
- **9,113 Students** Administered for Deworming Treatment (2022)
- **15,552 Students and teachers** Screened for Vision Issues, 1,230 Students Provided On-Spot Spectacles
- **706 children** Administered with Iron/ IFA Supplements for Treating Malnourishment (2022)
- **Over 6,000 Students** made aware on Personal Hygiene, MHM, WASH, Balanced Diet, Healthy Lifestyle, Dietary Diversity, and Prevention of Foodborne and Other Diseases



## Scholarship Program

HDF's Scholarship Program ensures access to quality education for all, especially girls, through multiple need and merit-based scholarships from primary to higher education. These scholarships promote a healthy, competitive learning environment, instill high confidence, and provide financial assistance to students who demonstrate excellence, achievement, and promise.



**1,400**

Deserving and promising students awarded scholarships

**PKR 8.6 MN**

More than  
worth scholarships disbursed

**Qadir-un-Fatima Scholarship** is a merit and need-based scholarship, which has disbursed **PKR 840,000** among five (05) higher secondary girl students from Mardan, Rahim Yar Khan and AJK, since 2021.

**Dr. Abdus Salam Scholarship** is a merit-based scholarship, funded by HDF Canada, that supports science students of grade 9th and 10th. Over **PKR 1 million (PKR 1,020,000)** has been disbursed among 57 female students, of which 15 were awarded in 2022, from HDF schools in Mardan, Lahore, Rahim Yar Khan, Tando Muhammad Khan, Karachi and Islamabad.

**Science Scholarship** is a merit and need-based scholarship, under which a cumulative amount of **PKR 614,999** has been disbursed among 17 deserving girl college students enrolled in science groups, who excelled in their grade 10th exams. In 2022, 7 girl students from Muzaffarabad, AJK and outskirts of Islamabad received an amount of **PKR 57,857** each to enable them to pursue their educational goals and make positive contributions to society's socio-economic development.

**THANKS Scholarship** are performance-based scholarships initiated by Pakistani Alumni residing in the US who wanted to pay back to the country by offering financial assistance to deserving and promising students. HDF has disbursed THANKS Scholarships worth over **PKR 6.1 million (PKR 6,116,988)** among 1,327 students from different educational institutions spread across different geographical locations in Pakistan. In 2022, HDF disbursed 51 scholarships worth **PKR, 2.86 million** among 456 students of HDF & Other Schools, High Schools, Medical Colleges and Universities to support them in their pursuit of educational goals.

**Orphan Development Program** HDF, with the generous support from Danish Muslim Aid (DM-AID), has distributed stipends worth **DKK (Danish Krone) 1.47 million** among 255 orphans, of which 105 are HDF students from schools across Pakistan.



*THANKS Scholarship Distribution Ceremony held in Gordon College, Rawalpindi.*



## SUCCESS STORY: SAFIA MUMTAZ



In the heart of Basti Hashim, a village in Rahim Yar Khan, resides a young girl whose unwavering spirit shines brightly against all odds. Safia Mumtaz is born into a humble family with four brothers and one sister, and her father Mumtaz Ahmed working as a mason. With the support of HDF, Safia began her educational journey at the HDF Basti Hashim Non-Formal School, making her parents immensely happy for taking her first steps in the world of education. As she progressed to 6th grade, she joined the HDF Girls High School in Basti Khandoo, nurturing her passion for knowledge.

With each passing year, Safia's academic achievements stood as a testament to her hard work and dedication. She secured the coveted 1st position in district-level examinations during her 8th grade and further gained 1040 marks in her matriculation exams in 2022, bringing pride to her institution, teachers, and parents alike. Her teachers, who mentored and guided her throughout her academic journey, fondly remember her as an obedient and diligent student, always striving for excellence.

However, Safia's dreams of further education and her aspiration to become a lawyer faced an unfortunate hurdle of financial constraints. Despite her resilience, her father's limited resources prevented her from pursuing higher studies. Recognizing Safia's potential and unwavering determination, HDF stepped forward to support her dreams. Through our efforts, she received the necessary assistance and not only secured admission into a prestigious higher education institute but did so at a full scholarship. The financial assistance granted to her became a lifeline, ensuring that her dreams could finally take flight.

**With her dreams now within reach, she is determined to make the most of this opportunity. Filled with immense gratitude, she reflects on the compassion HDF has shown her throughout this journey as she progresses towards making a positive impact in her community and society as a whole.**

Safia's story echoes the struggles faced by many talented but marginalized individuals whose dreams are hindered by the lack of financial support. However, with assistance, Safia's dreams of becoming a lawyer are transforming into a reality.





*All smiles and laughs in the medical camp held at Jacobabad.*





# Primary Healthcare

Primary Healthcare



# IMPACT: 25 YEARS OF SERVING HUMANITY

1997-2022



## Primary Healthcare

### Reduced Child Mortality Rates

Improving child health remains one of the most significant health challenges in the rural and underprivileged areas of the country. Our mother and child healthcare model has shown tremendous achievements in reducing the child mortality rates in HDF program areas.

Infant Mortality Rate (IMR) in 2005

➤ **70/1000**

Live Births

Infant Mortality Rate (IMR) in 2022

➤ **20/1000**

Live Births

Under 5 Mortality Rate in 2005

➤ **80/1000**

Live Births

Under 5 Mortality Rate in 2022

➤ **23/1000**

Live Births



Healthy Baby Boy Born at CHC Karolwar, Lahore

## To Ensure Healthy Lives & Promote Well-Being for All at All Ages

HDF has made huge strides in continuously improving maternal health, reducing infant and child mortality, and fighting preventable diseases under our Primary Healthcare program in over 285 villages across Pakistan.

### HDF has successfully reduced the IMR, & CMR to less than 60% of the countrywide rates in its program areas

Our community health centers not only provide primary, preventive, curative, and primitive health care services rather serve as a hub of community engagement & outreach. Our health team performed exceptionally well and provided healthcare services to numerous households in HDF's program areas. They ensured that all eligible women received adequate antenatal and postnatal care, and all children under five years of age had their growth and development tracked.



**198,765**

Beneficiaries Receiving Preventive & Curative Healthcare



**28,395**

Households Receiving Preventive & Curative Healthcare



**09**

Community Health Centers (CHCs)



**104,440**

Patients Treated Through Mobile Health Camps & Telemedicine Services



**44,440**

Outpatients Provided Medical Care at HDF Healthcare Facilities (2022)



**136**

Medical Camps Set Up in Flood-Affected Areas



**14,216**

Flood-Affected People Treated In Medical Camps



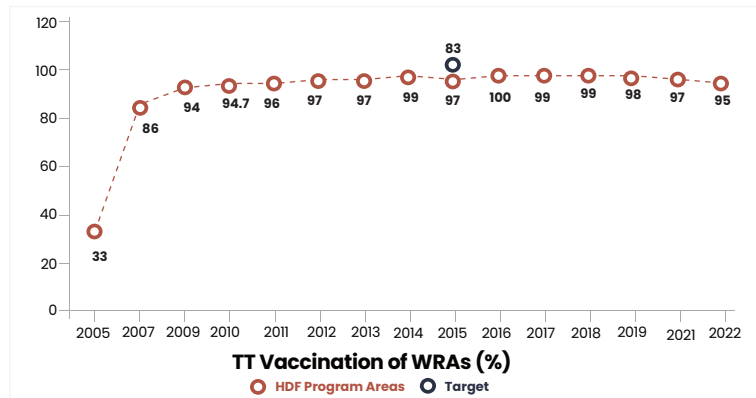
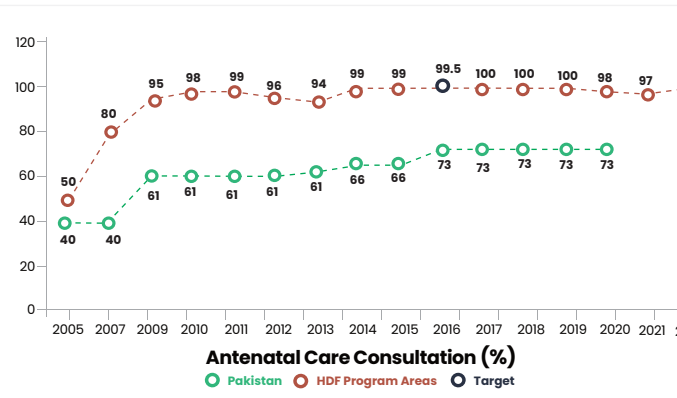
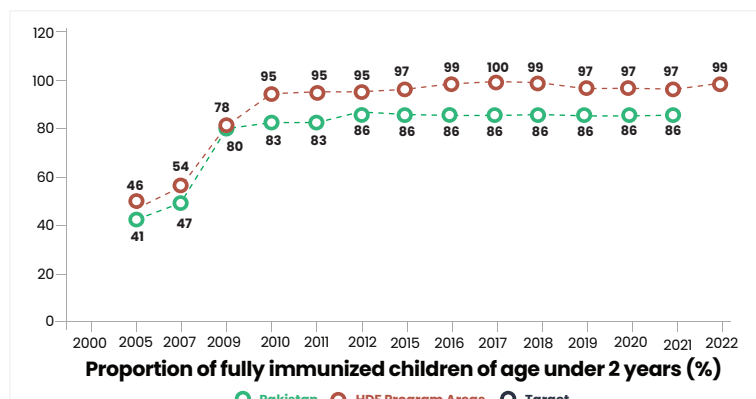
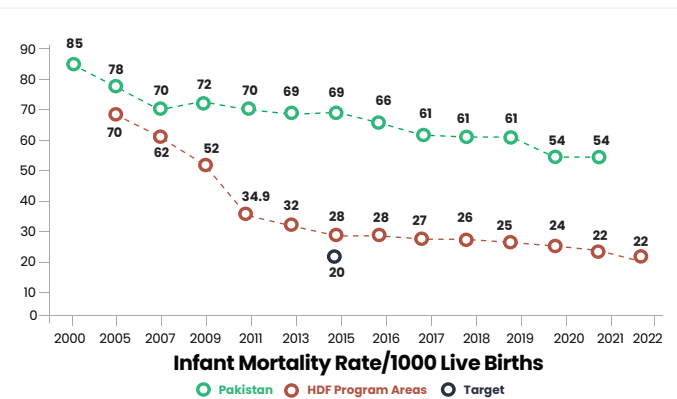
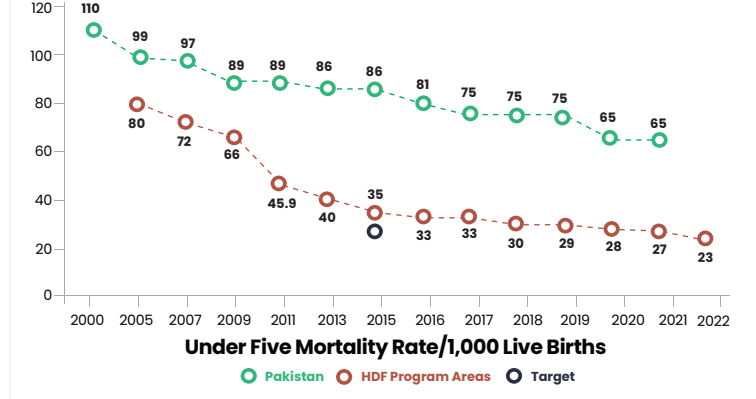
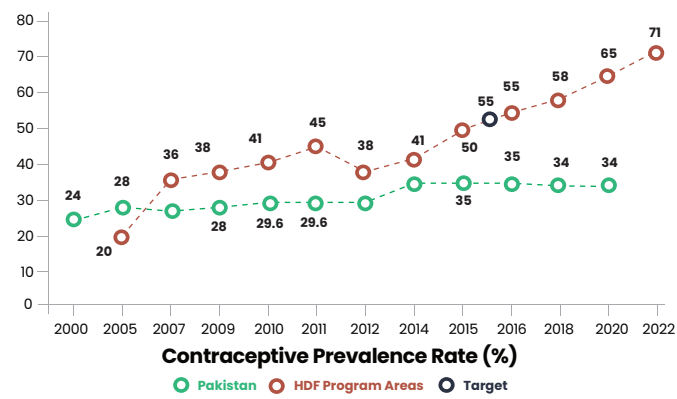
**100%**

Students Screened for Health & Nutrition Indicators



Provision of Supplements to Ensure Healthy Mother and Child Nutrition

# Key performance Indicators (KPIs)



## Mother and Child Wellness Model

To nurture a healthy community where everyone is optimally nourished and where no mother or child dies due to any preventable cause especially malnutrition

Maternal and child health is one of the essential and strongly integrated components of HDF's holistic model of participatory community development. The overall well-being of the children and women of reproductive ages (15-49) is at the center stage backed by social capital development at all levels

- Infant Mortality Rate recorded at **20 per 1000** live births
- Under 5 mortality rate was recorded at **23 per 1000** live births
- **100%** Antenatal Care Consultation

- **99%** Postnatal Care Consultation
- **89%** of Deliveries were Conducted by Skilled Birth Attendants (SBA)
- **99%** Fully Immunized Children Under 2 Years
- **100%** Children Under 5 Years Were Monitored for Growth
- **95%** Women of Reproductive Age (WRAs) Immunized Against Tetanus
- **71%** Contraceptive Prevalence Rate (CPR)



# NAZAR 20/20

## Fighting with Learning Disabilities: Eyesight Screening for School-Going Children

Nazar 20/20 started as a small spark, an idea in the back of Saqlain's (late) mind when he took his son for his mandatory eye exam for 1st grade. Having grown up in Pakistan, Khan couldn't remember ever having his eyes checked in school. He called a few friends still living in Pakistan and they confirmed there is not a system in place to make sure all children get vision exams. It took 10 years to cultivate, research, and catch fire. Now, that fire has spread and turned into Nazar 20/20, a program at Human Development Foundation that is helping students confront learning disabilities by improving their vision and lives across Pakistan.



**80%** of learning for children up to the age of 12 is visual

- 2017** ■ Initial testing of 1,000 kids in grade 6–10th was done.
- 30% of the students identified with an undiscovered visual impairment. The teachers didn't realize the real reason why some children were not performing. They simply could not see the board clearly.
- 2019** ■ All 3,202 students of HDF schools had their eyesight tested.
- Approximately 76% of the students were provided glasses on the spot to correct their visual impairments.
- Additional 2,500 students were tested at non-HDF schools.
- 400 pairs of glasses were distributed.
- 125 students referred to a local charity hospital for additional assistance.
- 2021** ■ HDF partnered with the Pakistan Institute of Rehabilitation Services (PIRS).
- A program was put in place to screen all students from 13 schools from the Federal Directorate of Education (FDE) located in the suburbs of Islamabad Capital Territory and HDF School located in Islamabad.
- 2022** ■ 6,552 students and teachers were screened.
- 1,030 glasses were distributed as part of the program.



## SUCCESS STORY:

## MOHAMMAD SADIQUE



### Fighting with Learning Disabilities: Eyesight Screening for School-Going Children

It was 8 am in Mohammad's makeshift home as we talked, and his eldest child was racing around in pyjamas, trying to escape his dad. "Better now, but we don't know what comes next," says Mohammad, an apparently happy man, rolling his eyes.

Almost half a year has elapsed since the destructive flooding that became known as Pakistan's most notorious countrywide floods. Squalid and gargantuan, the village of Jarho Khan Jakhrani wasn't the only village that couldn't withstand the waters coming from all sides and sweeping away what blocked its way.

Now, months later, Mohammad Sadique, an affectee of the flood, like thousand of others, remembers the chaos that engulfed his small world - his house, and how the flood brought destruction, not only by the water but what it brought along - water-borne diseases, especially malaria.

Decreed by fate, Mohammad was living the life of a homeless person and sleeping under the open sky. And no place provides a better breeding ground for this disease like a place infested with flooding, still water, and poor drainage, the conditions that make up the post-flood life of Mohammad Sadique.

**"When one of my two children became infected with Malaria, I was afraid of what may happen as I had lost everything except my children who were my only source of hope."**

Mohammad continues to say that if it wasn't for HDF, which came and provided them with free medicare, he could very well have already seen the last of his children. 'Every morning, Mohammad says, 'I wake up to thank Allah and HDF for being in a place that I couldn't imagine a month back.'

HDF under its 'integrated emergency assistance' provided Mohammad's family a tent for shelter, and mosquito nets to protect against malaria. HDF team also initiated fogging drives to prevent further spread. For Mohammad, it has been quite a journey. From seeing his family suffer under the burdens of floods and what came with it, to a normal life back again, with a healthy family, and a better outlook for the future.



# **HDF – Danish Muslim Aid** Orphan Student **Medical Camp**

# 2022

JK Region

@hdfpk

 [www.hdfpk.com](http://www.hdfpk.com)







Ensuring Food Security Through Kitchen Gardening



# Livelihood & Food Security

Livelihood & Food Security



# IMPACT: 25 YEARS OF SERVING HUMANITY

1997-2022

## Livelihood & Food Security

### End hunger, achieve food security and improved nutrition, and promote sustainable agriculture

The economic development component was renamed livelihood and food security to better reflect HDF's programmatic interventions in the areas of economic development, youth workforce development training, agriculture livelihood, and food security.

**HDF pays special importance to women empowerment so that they can play a greater role in their households and communities by taking up economic activities.**

Our program enables individuals to develop their technical skills through vocational training arranged locally or by public and private sector institutions. HDF enhances community capacity by offering interest-free microcredit services to start small businesses. Furthermore, farmers are provided with training to increase their productivity with the use of technology and the best methods in agriculture and livestock. HDF interventions include tunnel farming, integrated pest management, and kitchen gardening.



**OVER PKR 3 BILLION**

Disbursed to Member of Partner Communities under Khushhali Bank Micro Finance Program



**PKR 85 MILLION**

Disbursed Under HDF Micro Credit



**385,718**

Beneficiaries Under Micro Finance



**7,656**

Loans Disbursed Among Marginalized People



**PKR 13.15 MILLION**

Invested Under Joint Ventures with Individuals



**736**

Joint Ventures with Individuals Established



**PKR 1.2 MILLION**

Invested Under Joint Ventures with Groups



**33**

Beneficiaries of Joint Ventures with Groups



**11,563**

Participants Trained in Technical/Vocational Skills Training



**389**

Participants of Entrepreneurship Skills Training



**10,584**

Overall Beneficiaries



**PKR 101.81 MILLION**

Invested for Economic Development Activities




**5,908**

Vulnerable Families Supported to Grow Their Food Through Kitchen Gardening


**2,356**

Vulnerable Families Provided with Fruit Trees to Address Malnutrition & Ensure Household Food Security


**PKR 3.44 MILLION**

Disbursed Under Poultry Incentive & Agri/Vegetable Farming Loans


**432**

Individuals Trained in Diploma Courses


**38**

Community Gardens Established


**1,330**

Households Provided with Poultry Birds


**454**

Poultry Incentive & Agri/Vegetable Farming Loans Disbursed

## SUCCESS STORY: MUHAMMAD YOUNAS

Muhammad Younas, a disabled resident of the kacchi abaadi in Tehsil Rojhan of District Rajanpur, Punjab, had been struggling to make ends meet for years. He used to earn a meager income by playing the tabla at local musical events, but these gigs were few and far between, leaving him without a regular source of income to provide for his family. The recent flood in the region worsened the situation when homes were destroyed and livelihoods were completely lost.

***"We were greatly affected by the floods here and aggravated by the damages. We could not live by as we had lost our livelihoods and businesses. But we are grateful that HDF came to our rescue,"***

says Muhammad. HDF recognized the dire need for assistance in the region and strived to quickly implement its Emergency Response Program, providing relief to the affected families. Through the program, Muhammad has received a much-needed boost to his financial situation with a cheque for Rs. 30,000, which he has invested in starting a tuck shop, selling snacks and refreshments to the local community. Muhammad no longer worries about earning a living through irregular tabla gigs. Instead, he has a sustainable source of income, and a stable and profitable business that provides for his family's basic needs.



***"Alhamdulillah, now I have my own tuck shop and my earnings have enabled me to feed my family."***

Muhammad's story is a testament to the positive impact that HDF's Emergency Response Program has had on the lives of those affected by the floods in Tehsil Rojhan. Through their efforts, they have not only provided immediate relief to families in need but also enabled them to build sustainable livelihoods for themselves and their communities.



## Human Development Institute of Future Skills (HDIFS) Mardan

In 2021, HDF launched the Human Development Institute of Future Skills (HDIFS) in Mardan with the generous support of HDF Canada. The vision behind the establishment of HDIFS is to impart employable future skills to prepare the youth for a better tomorrow. The focus on exportable skills will not only help the youth workforce to earn a decent livelihood for their families but will also positively impact the country's foreign remittance. Empowered youth equipped with marketable skills can not only uplift themselves and their family's well-being but can also positively impact society and the economy at large.

The Institute aims to support Pakistan's quest to achieve the national development goals and SDGs target of providing skills training to the youth so that they can adapt to the changing demands of the digital economy

The institute under HDI of Future Skills is a state-of-the-art training facility, which offer multiple streams of skills training as well as co-working space to the graduates of these training. It provides training in 'Amazon Business & Virtual Assistant', with the technical expertise of POA solutions, while connecting graduates with the industry for internships and employment. The institute also offers courses including Amazon Legal Dropshipping, Amazon Private Label, Graphics Designing, SEO Professional, Social Media Marketing, and Word Press Web development.

4 Batches have passed out

26% of graduates have been females

58 students graduated

5<sup>th</sup> & 6<sup>th</sup> Batches are on their way to achieving similar success

The program's envisioned outcome is delivering quality skills training responsive to the digital and ever-growing market need. The HDI of Future Skills program ensures equal access to affordable and quality skills for all genders.

HDI of future skills has also initiated a program of scholarships and financial assistance for deserving and needy students.

**HDIFS trains our youth in exportable market-driven technical and developmental skills in accordance with the standards of national and international markets.**



## SUCCESS STORY: SANAULLAH KHAN



### **“Future is of e-commerce,”**

is a firm belief of Sanaullah Khan, a religious clerk residing in Nowshera District, who enrolled at the Human Development Institute of Future Skills (HDIFS) with a deep desire to create a meaningful impact in his life and community. Gaining valuable training in the Amazon Virtual Assistant program, he has already earned \$3000 in just three months.

Sanaullah's learning at HDIFS has given him a newfound confidence and independence that he never thought possible.

**“I once asked to borrow 200 rupees from someone and he wasn't willing. Now, even if I loan someone 200 dollars, it wouldn't affect me,”**

Sanaullah shared proudly. He believes that if Maulvis and scholars like him come forward to take this education, they can not only sustain themselves but also ensure sustenance of their Madrassahs instead of relying on charitable donations. He has also initiated a project for his Madrassah that would cost about Rs. 1.5 crore. However, he is not worried about managing the expenses. With the skills he gained at HDIFS, Sanaullah is confident that he can do it himself.

Sanaullah proclaims that his experience at HDIFS has been life-changing, and he couldn't be more grateful for the support he received from his mentors who had been willing to provide guidance at any time he needed. He has shown gratitude by exclaiming that all he had gained from HDIFS, he could not have from any other place, and he is keen on encouraging others to take value from this opportunity as well.

**“I have transformed my life in just three months, and I encourage my fellowmen especially females to take courage and proceed on this path as well. We have just started, and we have to progress further,” he urges with enthusiasm.**





*Bilal, a young boy from Jacobabad, taking his first sip of clean water.*



Sustainable

Sustainable Environment & WASH



Environment & WASH



# IMPACT: 25 YEARS OF SERVING HUMANITY

1997-2022



## Sustainable Environment & WASH

### Ensuring availability and sustainable management of water and sanitation for all

HDF through its development programs is working to preserve the ecosystem and create a healthy environment by providing clean drinking water, better sanitation facilities, waste disposal, suitable adaptation to climate change, and an increase in forest cover. Our purpose is to raise the quality of life by providing communities with a clean environment and making them vibrant and self-sustaining.

The Community Physical Infrastructure (CPI) projects are completed through partnerships with donors, and include, the installation of hand pumps, tube wells, safe drinking water plants, water schemes (gravity flow), construction of link roads, water channels lining, street pavements, latrines, sewerage system, flood bunds, reservoirs and construction of delay action/ check dams. HDF constructed these infrastructures in Mardan, Tando Muhammad Khan, Tharparkar, Rahim Yar Khan, Zhob, Muzaffarabad, Lahore, Karachi, Islamabad, and Soon Valley.



**MEMBERSHIP**



**91%**

Population has access to basic sanitation in HDF program areas



**05**

Dams Constructed



**816**

awareness sessions conducted on the use of safe drinking water



**5,074**

community awareness sessions on health & hygiene and safely managed sanitation



**925,025**

HDF Planted trees in various plantation campaigns



**72**

Infrastructure Projects Completed – Link Roads & Street Pavements Constructed



**193**

Kitchen Sanitation Units Constructed



**320**

Latrines Constructed



**08**

Tube Wells Installed



**10**

Flood Protecting / Retaining Walls



**24**

Irrigation Schemes



**04**

Misali Bastis Constructed



**488**

Housing Units Constructed Under Misali Basti's Project

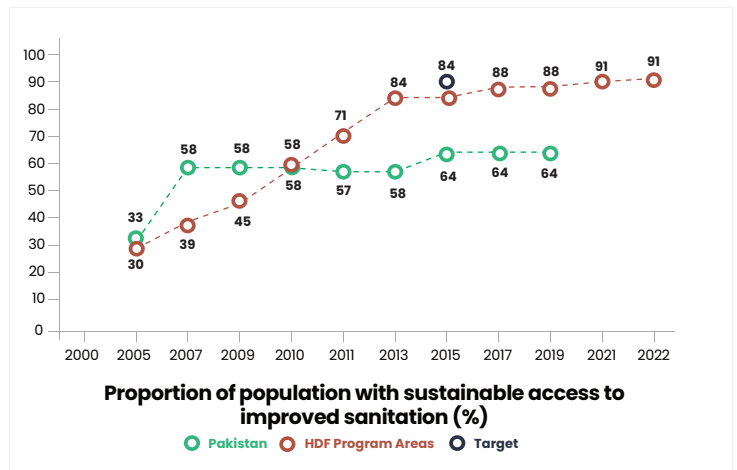
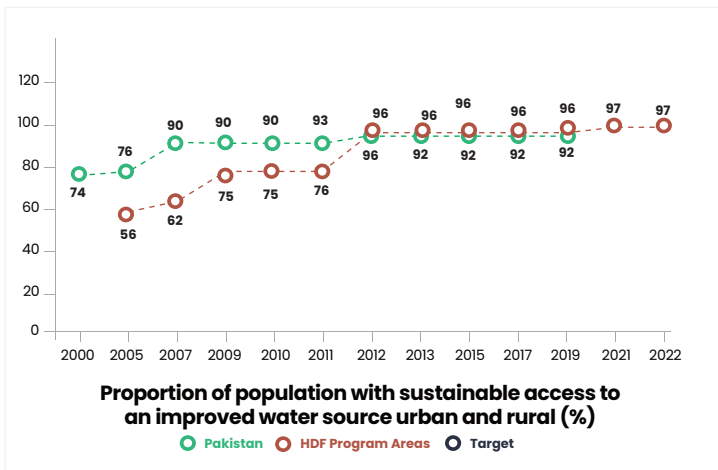
**47**

Solar Renewable Energy Units Installed

**350**

Solar Hand Lights

## Key performance Indicators (KPIs)



### Clean Water for All

Pakistan is among the most water-stressed countries in the world, with 21.7 million people in the country lacking basic access to clean and safe drinking water. Only 36% of the population has access to safely managed water, a problem that is going to get worse in the upcoming years due to global warming, rapid population, and urbanization. In most rural areas the women and girls often have to travel more than 3–5 kilometers every day to collect clean water. HDF through its “clean water for all” has reached thousands of people in some of the toughest and marginalized areas of the country to alleviate the sufferings of the communities by installing hand pumps (Simple & Afridev), Water Filtration Plants, Electric & Solar Submersible Pumps, Tube Wells and Reverse-Osmosis (RO) Filtration Plants.

- **97%** Population has access to improved water sources in HDF program areas
- **1,442** Hand Pumps Installed
- **90** Water Filtration Plants Installed
- **18,247** Beneficiaries of Water Filtration Plants
- **34** Drinking Water Supply Schemes Completed
- **51** Water Course Linings



## Soon Valley Project

Soon Valley, located in District Khushab, Punjab, is prone to natural calamities such as floods, storms, heatwaves and droughts. The area has experienced multiple floods and drought spells, and nearly 57 villages in the region face a constant flood threat from river Jhelum. Outdated irrigation systems, like kacha and tube wells, coupled with the prolonged effects of climate-induced disasters have led to water scarcity and reduced agricultural output.

Moreover, the increased cutting and burning of wood for cooking and heating in homes has led to deforestation, causing a 40% loss of the area's forest cover. This has left the local people vulnerable to social and economic pitfalls since they rely heavily on rain fed agriculture and natural resources to sustain their livelihoods.

Human Development Foundation – HDF has undertaken the development of Soon Valley With the aim of sustaining these communities. The project is aligned with National Climate Change Policy (NCCP) 2017, Nationally Determined Contribution (NDC) 2021, and PPAF Disaster Management Plan 2015–2020. The proposed interventions focus on:



- Efficient water resource management
- Mitigation of climate change impact
- Strengthening of the natural ecosystem
- Sustainable community mobilization
- Promote tourism with the development of a Community Information Center in the third phase of the project

## Afaf Dam

### To Secure & Recharge Underground Water Table/Aquifer



Due to climate change and excessive drilling of groundwater by mechanized pumping system, the underground water table in Soon Valley has rapidly depleted from 150 ft. to around 300 ft. and still depleting at an alarming scale. HDF is constructing Afaf Dam with the support of Qayyum Family based in North America to address the issue in Village Siddiqueabad, Soon Valley. Afaf dam is dedicated to Ms. Afaf Qayyum for her dedication to Humanity & Environment and is expected to be completed in March 2023. The dam aims to improve water management systems, protect locals from floods and droughts, and have a positive impact on the livelihoods of farmers and livestock owners in the area.

- Area covered by Afaf Dam: 5.69 acres
- Water storage capacity: 30 million gallons
- Beneficiaries: 12,000 locals with improved water sources
- Cultivated Land: 650 acres
- Households protected from flooding: 2000

# Mother & Child Healthcare Center

## Good Health & Well-Being For All

With the passion to pay back to the communities, a group of Pakistani doctors belonging to Soon Valley teamed up to improve the healthcare, water conservation, and livelihood of the valley. The project plan includes building a Mother and Child Healthcare Centre in UC Naushera and Afaf dam.

To strengthen the existing healthcare system in Soon Valley with a core focus on ensuring the well-being of the communities, HDF has taken the initiative of constructing a Mother Child Healthcare Centre with the following plan of action:

- Construct a separate gynecology department with labor rooms and MO office
- Build residential quarters for medical staff to facilitate rotational shifts
- Establish a health technician school to empower male and female youth
- Review District Health Management Information System (DHMIS) and Lady Health Worker programs to identify gaps and improve their efficiency
- Assess community feedback on healthcare services to ensure local needs are met
- Provide social mobilization support to enhance Rural Health Centre utilization
- Commenced construction of a Mother & Child Healthcare Centre on Nowshera-Khushab road, to expand the reach of healthcare services in the region





## SUCCESS STORY:

### CHAK 119-1L



#### Clean Drinking Water for Villagers of Chak 119-1L

In the Union Council of Bagh o Bahar, Tehsil Khanpur, where hope was as scarce as clean drinking water, a village named Chak 119-1L stood blatantly amidst adversity. With a population of over 2000, its residents faced a daily struggle to quench their thirst, travelling to far off places just to fetch water. Tragically, even their most accessible pond had been tainted with contamination that brought water-borne diseases infecting any who used it.

Yet, HDF, in its ever-growing effort to ensure a sustainable environment and provision of basic hygiene and sanitation facilities for all, came forward to support the local communities. Utilizing the sustainability and renewability of solar energy, HDF installed a water filtration plant that would revolutionize the lives of these resilient villagers.

Sumera Yasmin, a resident of Chak 119-1L, shared the sentiments of her fellow villagers as she testified,

**“The only water accessible was brackish and led to ailments among our children. HDF provided us with a water filtration plant powered by solar energy, which ensured clean water at all times, even during electricity crises.”**

The impact has been immediate and profound. Neither do the residents fear the very sustenance they need to survive nor the water-borne diseases plague their homes, stealing away the health and well-being of their young ones. Three hundred households, once burdened with the grave issue of availing clean water, now beckon vitality and progress. The villagers have lauded HDF for their unwavering commitment to their well-being and shown immense gratitude. The water filtration plant has become a catalyst, not only for improved health but for an overall upliftment of living standards.



# **DONOR GENEROSITY** ACCOUNTS

# MFF

## Manzar Family Fund (MFF)

A USA-based family fund that funds and sponsors various HDF initiatives.

- 05 school buildings constructed
- 02 Community Health Centers (CHC) constructed
- Library, computer and science labs set up in 06 HDF schools, village Bugna, district Muzaffarabad
- Sanitation Unit Project involving construction of kitchens, toilets, hand pumps, filtration plants, and drinking water supply schemes

Conversion of HDF vans into ambulances, safe delivery kits, and medicines for malnourished children



## Sindh Education Foundation

Adult Literacy Program (AALTP) launched in 2017 with support from the Sindh Education Foundation. The main objective of this project is to provide formal education and technical skills to the out of school children, thus enabling them to be self-employed and self-reliant.

**out-of-school  
adolescents (10 to 17  
years) and adults (18  
to 35 years)**

The target areas included Malir (village Adam Hingoro) and Qasim Town (village Haji Jangi Khan) of Karachi.

The first batch of students graduated in 2021, while currently 274 adolescents are enrolled in the AALTP centers of Malir and Qasim Town.



## Thanks Scholarship

THANKS scholarship was initiated by the Alumni of Pakistani educational institutes residing in the U.S., wanting to pay back to the country by helping deserving students. THANKS stands for "Thanks from Alumni for New Knowledge Seekers". These performance-based scholarships are offered to deserving and promising students to support them in their pursuit of educational goals so that they may contribute positively towards the socio-economic development of society.

**1,327** Deserving and bright students benefitted

**PKR. 6.1 MN**

worth scholarships disbursed from several generous donors



## Nazir 2020

An eye care initiative aptly titled NAZAR 2020 was launched by HDF in collaboration with philanthropist, Saqlain Khan (late) of Illinois, USA. This initiative aims to promote a quality learning experience in school-going children through improved vision. In 2021, HDF decided to expand the program to reach a maximum number of schools and to cover all provinces of Pakistan. In the first phase, HDF signed a partnership with Federal Directorate of Education (FDE), under this agreement, HDF conducted the NAZAR 2020 program and provided on-spot spectacles to students and teachers in all schools and colleges of Islamabad.

Eyesight screening of

Over **13000** school-going children and teachers

and **1,430** glasses distributed





## Children of Islamic Nations (COIN) Canada

This Canadian-based organization gifted funds for the ongoing immunization and antenatal care for the Health Centre in village Karolwar, near Lahore.

### During 2021

Health services provided to

# 2,319

Households (14,159 population) in CHC Karolwar and outreach areas

Immunization/scholarship services continued and immunization rate was ensured at

# 100%

for children under five years of age & 100% for WRAs

Antenatal/postnatal care services provided to

# 100%

of the eligible women during pregnancy and after delivery

Health outreach team managed to track the growth of 100% children of

## under five years of age

in the Program area

## Washington DC Network

## Washington DC Network

In 2019, the Muhammad Sheikh village was adopted by the Washington DC Network to provide it with basic facilities such as education, health, sanitation, and clean drinking water.

**Cleanliness awareness**

launched for villagers

# 40

water hand pumps and 40 latrines constructed

**Regular medical camps**

held to provide primary health care services under supervision of doctor and lady health visitor

A non-formal **classroom** set up to educate out-of-school children



## Danish Muslim-Aid

DM-Aid has established a strategic partnership with HDF since 2019 and implemented various projects in collaboration such as food packages distribution to marginalised communities during Pandemic, Ramadan and Floods 2022, provision of school kits and winter resources, an orphan sponsor program, and a large number of WASH (water, sanitation & hygiene) projects over the years benefiting thousands of families in Pakistan.

'Orphan Support Program' running since 2019, to provide for the basic needs of vulnerable children and to ensure that the child continues his/her studies instead of working to supplement the family income.

HDF sought to support the differently-abled persons in Bagh, Neelum, Lipa Valley, and other areas of Azad Jammu and Kashmir (AJK) with the support of Muslim communities of Denmark through DM-Aid.

Joint initiatives have also been taken to alleviate Pakistan's water crisis.

HDF, with the support of DM-Aid sought to innovate and transform access to schools in an effort to mitigate the challenges of out-of-school children.

# 55

children registered so far

# 105

Out of these, children enrolled in HDF schools of Islamabad, Tando Muhammad Khan, Mardan & Muzaffarabad

# DKK 1,478,194

stipend distributed among beneficiaries in 2022

# 150

wheelchairs distributed

# 208

water projects implemented since 2019

# 26

purpose-built tri-wheeler school vans rolled out



### Soon Valley Project

With a passion to pay back to the communities, a group of Pakistani doctors belonging to Soon Valley teamed up to improve the healthcare, water conservation, and livelihood of the valley. The project plan includes building a Mother and Child Health Care Centre in UC Naushera and Afaf dam.

Due to climate change and excessive drilling of groundwater by mechanized pumping system, the underground water table in Soon Valley has rapidly depleted from 150 ft. to around 300 ft. and still depleting at an alarming scale. With the generous support of the Qayyum family, the construction of Afaf mini dam was thus proposed to address the issue. **AFAF dam** is dedicated to Ms. Afaf Qayyum for her dedication to Humanity & Environment.

Another component of the Soon Valley project is the construction of a **Mother and Child Health Care Center**, where expecting mothers have to travel long distances for medical checkups and delivery HDF with the support of Dr. Muhamamd Ghaus Malik and Dr. Muhammad Khalid Riaz shall establish a Mother and Child Health Care Center in order to provide quality medical facilities at the doorstep to residents of Soon Valley and its surrounding area.



### United States Agency for International Development

Human Development Foundation is implementing a USAID funded project "Improving access to school health services for children and adolescent girls in Tehsil Gagra" under the new partnership initiative (NPI) EXPAND Human Development Activity initiative.

The project has the following objectives:

- To improve health, hygiene and nutrition among school children in Buner district, KPK, through implementing a school health program.
- To promote adolescent health and hygiene including menstrual hygiene management through AGAH (Adolescent Girls Awareness on Health) campaign.
- To promote teachers as Master Trainers responsible for training their colleagues and conducting health and hygiene sessions regularly in their schools.



### World Education Foundation (WEF)

The World Education Foundation (WEF) has been sponsoring HDF Primary School in Khair Muhammad Village located in a shantytown of Karachi for three years (2021-2023).

HDF Karachi regional team took the initiative and started enrolment campaign in the village. We ensured that every child in this underprivileged area has an opportunity and access to quality education. HDF together with the support of WEF strives to make a difference in the lives of the impoverished through education and increased literacy.

**150** out-of-school children enrolled so far



### Dr. Shahid Choudhary - HDF America

In 2014, Dr. Shahid Choudhary, an HDF America member adopted the underprivileged village of Ghazi Minara, near Sheikhpura. Dr. Shahid grew up in this village and his dream was to transform the community into a model village by providing all basic facilities, using HDF's holistic community development model including:

- Established Village Development Organization (VDO) to jumpstart social mobilization.
- Community Health Centre (CHC) setup for offering health services for all, especially for mothers and children.
- Provision for safe drinking water and proper solid waste disposal systems provision to ensure a clean and sustainable environment.
- Livelihood programs launching to address poverty and food security.

This ongoing project has made significant achievements so far:

**25,000** school children received health screenings

**300** teachers trained to be master trainers

**3,010** adolescent school girls expected to be reached under AGAH campaign

**On behalf of all our staff and partner communities, thank you!**

**HDF gratefully acknowledges the generous contributions and invaluable support of our donors. We hope for your continued support in the future.**

Alia Khan	Dr. Amin Patel	Dr. Ammara Arshad	Dr. Ijaz Qayyum
Dr. Naheed M. Qayyum	Dr. Saleem Khan	Dr. Usman Khan	Faisal Riaz
Hammad Ali Safdar	MFF	Munir Rizvi	Sahibzada Mohsin Shah
Suhail Awan	Saqlain Khan	Sadia Abdul Razzaq	

**And many more who choose to remain behind the curtain...**

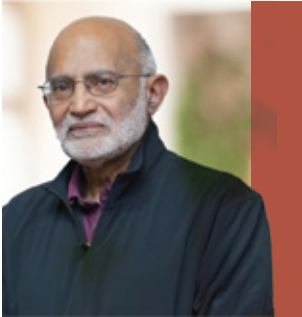




**OUR**

LEADERSHIP

# Board of Directors



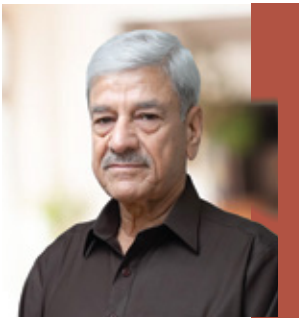
## **Muhammad Khalid Riaz**

**Chairman/Co-Founder**

**MBBS, MD, Fellow Member of FACC & FCCP**

Dr. Muhammad Khalid Riaz is a practicing interventional cardiologist by profession and co-founder and chairman of HDF and serves on the Board of Trustees. He also served as Co-Chair of the Human Development Foundation of North America from 1997 – 2007. He was recently recognized in a Georgetown University Publication as one of the 500 Most Influential Muslims in the World for his work in developing and nurturing this movement.

He has also served as President of the Association of Pakistani Physicians of North America (APPNA), Co-Founder Pakistan Political Action Committee (PakPac) and Member Board of Advisors at the American Pakistan Foundation. He was recognized as one of the top cardiovascular physicians for women in a Castle Connolly survey of doctors and hospital medical leaders regarding 'highly skilled exceptional doctors. This achievement was highlighted in the 2011 "Top Doctors" issue of Chicago Magazine. He is the recipient of multiple other awards in recognition of his services to the community and his profession.



## **Lt Gen (r) Anis Ahmed Abbasi**

**Vice Chairman**

**MSC Defence & Strategic Studies**

Lt. Gen (r) Abbasi is Vice-Chairman of the Board and Chair of HDF's Executive Committee. He enjoyed a 36-year distinguished military career holding multiple senior appointments including Chief of Logistics Staff (CLS) and Commander Corps. He was awarded Hilal-i-Imtiaz Military (HiM) – the highest honor awarded to military officers by the Government of Pakistan. He served as Chief Executive and Managing Director of Fauji Fertilizer Bin Qasim Limited (FFBL).



## **Air Marshal (r) Riazuddin Shaikh**

**Director**

**MSc War Studies, Diploma in Accidents Investigation & HR from UCLA and AZU USA**

Air Marshal (r) Riazuddin Shaikh was Chairman of Sindh Technical Education & Vocational Training Authority (STEVTA) and Benazir Bhutto Shaheed Human Resource & Skill Development Board. He was also a member of the Steering Committee, Benazir Housing Scheme, Government of Sindh, Member BOD SOS Village and Ex-member BOD, Pakistan Chemical & Energy Sector Skills Development Corporation.





**Dr. Atiya Khan**  
Director  
MBBS, MD-FAAP

Dr. Atiya Khan is a founding member of HDF, Pakistan. American Board of Pediatrics (ABP) awarded her as top pediatrician (2012-2018). She serves as a practicing pediatrician in Columbia, Maryland and is a faculty member at John Hopkins Hospital, Department of Pediatric Oncology. She has received 16 awards including 'APPNA Gold Medal' and 'Life Time Achievement Award'.



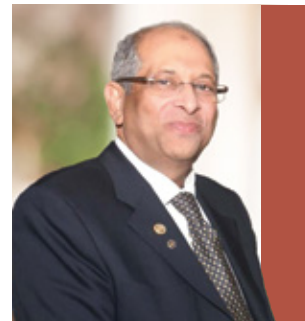
**Dr. Tariq Khan**  
Director  
MBBS, Board Certified in General Surgery & Emergency Medicine (USA)

Dr. Tariq Khan has a vast experience of more than 35 years in the medical profession. He served as a General Surgeon at Buffalo General Hospital, New York. He has done Surgical Oncology fellowship at the University of Maryland and Roswell Park Institute. He served as an Assistant professor at Howard University, Washington D.C. He was an attending physician at various hospitals in USA (Virginia and District of Columbia and Maryland).



**Maj Gen (r) Dr. Farrukh Seir**  
Director  
MBBS, MSc Health Administration, MBA  
Project Management & MS (HRM) Surgery & Emergency Medicine

Dr. Farrukh Seir has served Pakistan Army as Deputy Surgeon General and has had the honor of serving as caretaker minister of health and higher education of KPK. He has served as principal at Wah Medical College, director of postgraduate studies at Medical Institute Rawalpindi, director of academics and admissions and Dean of Faculty at Khyber Medical University, Peshawar. Dr. Seir has a number of publications on credit and he is a member of several consultative bodies and



**Rashid Ibrahim**  
Director  
Fellow Member of ICAP

Mr. Rashid Ibrahim is a senior partner of Septentrio Global Consulting. He was Country Tax Leader of A.F. Ferguson & Co and remained Vice President and council member, as well as chairman and member of various committees and Quality Assurance Board of ICAP. He is President of the Rotary Club of Islamabad Cosmopolitan and Rawalpindi Islamabad Tax Bar Association, Director and Chairman Audit Committee of Saif Textile Limited, Director of SPARC, Founding/Managing Trustee of Bright Star Mobile Library and AIR Trust.



### **Dr. Sohaila Javed**

Director

**PhD, University of British Columbia, Vancouver**

Dr. Sohaila Javed is an eminent academician, a prolific writer. She has been the Dean of the Faculty of Quality Enhancement, Research & Publication at the National University of Modern Languages (NUML) and is the Additional Director, Quality Enhancement, COMSATS. She is a Trained Member of the Review Panel, Institutional Performance Evaluation, and Quality Assurance Agency of the Higher Education Commission. She is a member of multiple national and international forums and committees.



### **Rizwan Shoukat**

Director

**BSc. Electrical Engineering**

Mr. Shoukat is a senior executive and certified six sigma practitioner with over 20 years of experience. He possesses senior-level knowledge in steering/directing large-scale projects, human resource and strategy development, project management, and knowledge management processes. Risk mitigation and delivering best-fit business solutions is his forte. He has a proven track record in improving efficiencies, reducing costs, increasing revenues, and strategic initiation of new ventures.



### **Faisal Riaz**

Director

**MSc. Industrial Psychology**

Mr. Faisal Riaz is Managing Director of October Holdings Limited and Director of NileCo Global Limited and Shifa Development Services. He is a consultant and strategist with 17+ years of diversified experience supporting the government, global companies, financial institutions, family funds, non-profits, international development and commercial client operations in the United States, Middle East, Central Asia, South Asia, and East Africa. as well as the US Department of Defense across 4 continents and austere regions of the world.



### **Mehboob ul Haq**

Chief Executive Officer

**MBA, Diploma – Knowledge Center for Agriculture Denmark, Fellow Member of DANIDA.**

Mr. Mehboob ul Haq has served in federal and provincial investment promotion agencies, leading and managing a public sector fund – Sindh Enterprise Development Fund (SEDF) for 10 years. He developed a partnership with WWF and co-launched Dutch Fund for Climate & Development (DFCD) worth 170 million euros. He facilitated the creation of the first-ever electronic platform for trading agri-commodities at Pakistan Mercantile Exchange Limited.

# **FINANCIAL** OVERVIEW



# Income Ratio

## Expenses

Program cost  
Fundraising cost  
Administrative cost

## 2022 PKR

402,335,556  
6,637,158  
58,251,185  
**467,225,921**

## 2022

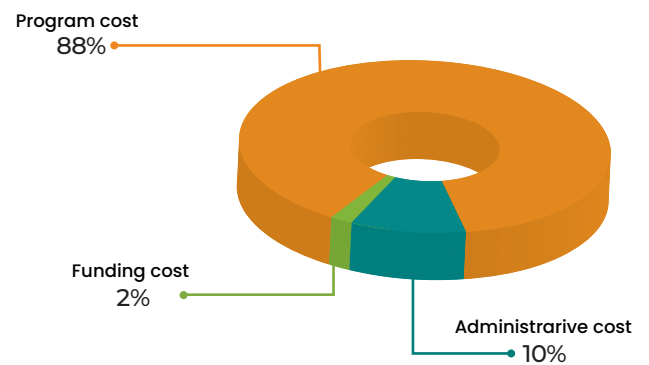
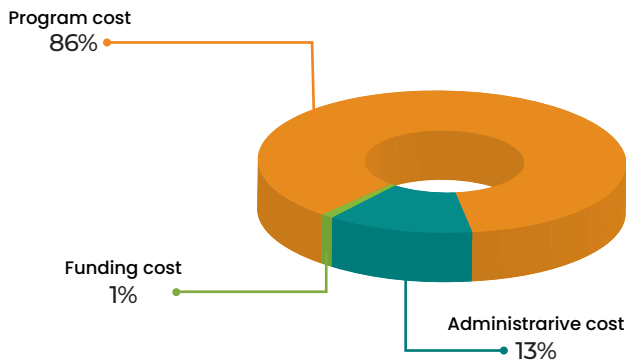
86.11%  
1.42%  
12.47%

## 2021 PKR

311,605,555  
6,667,444  
37,063,107  
**355,336,106**

## 2021

87.69%  
1.88%  
10.43%



## Income

HDF - North America  
HDF - Canada  
HOF - Pakistan

## 2022 PKR

363,069,036  
4,836,576  
222,836,108  
**590,741,720**

## 2022

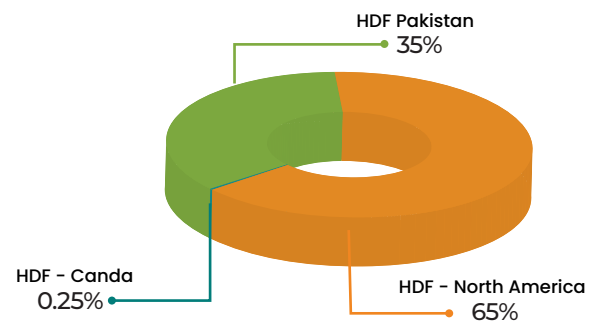
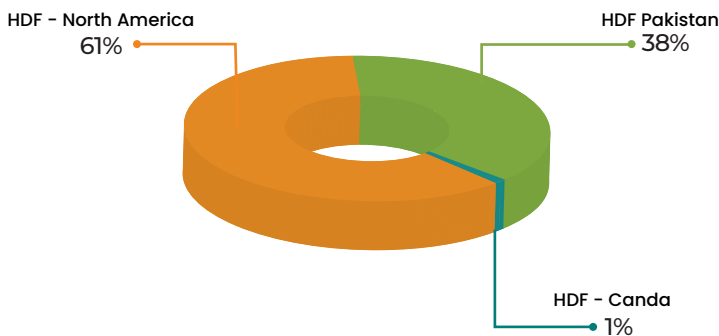
61.46%  
0.82%  
37.72%

## 2021 PKR

273,587,433  
1,046,473  
146,727,155  
**421,361,061**

## 2021

64.93%  
0.25%  
34.82%





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Fax: +92 51 260 4468  
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Saeed Plaza,  
22-East Blue Area,  
Islamabad-44000,  
Pakistan.

## INDEPENDENT AUDITORS REPORT TO THE MEMBERS OF HUMAN DEVELOPMENT FOUNDATION

### Report on the Audit of the Financial Statements

#### Opinion

We have audited the annexed financial statements of Human Development Foundation (the Company), which comprise the statement of financial position as at December 31, 2022 and the statement of income and expenditure, the statement of comprehensive income, the statement of changes in general fund, the statement of cash flows for the year then ended and notes to the financial statements, including a summary of significant accounting policies and other explanatory information, and we state that we have obtained all the information and explanations which, to the best of our knowledge and belief, were necessary for the purposes of the audit.

In our opinion and to the best of our information and according to the explanations given to us, the statement of financial position, the statement of income and expenditure, the statement of comprehensive income, the statement of changes in general fund and the statement of cash flows together with the notes forming part thereof confirm with the accounting and reporting standards as applicable in Pakistan and give the information required by the Companies Act, 2017 (XIX of 2017), in the manner so required and respectively give a true and fair view of the state of the Company's affairs as at December 31, 2022 and of the surplus, the comprehensive income, the changes in general fund and its cash flows for the year then ended.

#### Basis for Opinion

We conducted our audit in accordance with International Standards on Auditing (ISAs) as applicable in Pakistan. Our responsibilities under those standards are further described in the *Auditors Responsibilities for the Audit of the Financial Statements* section of our report. We are independent of the Company in accordance with the International Ethics Standards Board for Accountants' *Code of Ethics for Professional Accountants* as adopted by the Institute of Chartered Accountants of Pakistan (the Code) and we have fulfilled our other ethical responsibilities in accordance with the Code. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

#### Information Other than the Financial Statements and Auditors Report Thereon

Management is responsible for the other information. The other information comprises the information included in the annual report but does not include the financial statements and our auditors report thereon.

Our opinion on the financial statements does not cover the other information and we do not express any form of assurance conclusion thereon.



In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

#### **Responsibilities of Management and Board of Directors for the Financial Statements**

Management is responsible for the preparation and fair presentation of the financial statements in accordance with the accounting and reporting standards as applicable in Pakistan and the requirements of Companies Act, 2017 (XIX of 2017) and for such internal control as management determines is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, management is responsible for assessing the Company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless management either intends to liquidate the Company or to cease operations, or has no realistic alternative but to do so.

Board of directors is responsible for overseeing the Company's financial reporting process.

#### **Auditors' Responsibilities for the Audit of the Financial Statements**

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs as applicable in Pakistan will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

As part of an audit in accordance with ISAs as applicable in Pakistan, we exercise professional judgment and maintain professional skepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the Company's internal control.

*Advised*





- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by management.
- Conclude on the appropriateness of management's use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the Company's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause the Company to cease to continue as a going concern.
- Evaluate the overall presentation, structure, and content of the financial statements, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation.

We communicate with the board of directors regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

#### Report on Other Legal and Regulatory Requirements

Based on our audit, we further report that in our opinion:

- proper books of account have been kept by the Company as required by the Companies Act, 2017 (XIX of 2017);
- the statement of financial position, statement of income and expenditure, the statement of comprehensive income, the statement of changes in general fund and the statement of cash flows together with the notes thereon have been drawn up in conformity with the Companies Act, 2017 (XIX of 2017) and are in agreement with the books of account and returns;
- investments made, expenditure incurred and guarantees extended during the year were for the purpose of the Company's business; and
- no Zakat was deductible at source under the Zakat and Ushr Ordinance, 1980 (XVIII of 1980).

The engagement partner on the audit resulting in this independent auditors' report is Iffat Hussain.

ISLAMABAD

DATED: 04 APRIL 2023

UDIN: AR202210094bMydnwLpg

*Bdo ebrahim & co.*  
BDO EBRAHIM & CO.  
CHARTERED ACCOUNTANTS  
*Bdo*

**HUMAN DEVELOPMENT FOUNDATION  
STATEMENT OF FINANCIAL POSITION  
AS AT DECEMBER 31, 2022**

	Note	2022 Rupees	2021 Rupees
<b>ASSETS</b>			
<b>NON CURRENT ASSETS</b>			
Property and equipment	5	152,675,203	151,773,272
Intangibles	6	4,992,890	1,414,832
Long term security deposits	7	4,556,668	3,399,439
		<u>162,224,761</u>	<u>156,587,543</u>
<b>CURRENT ASSETS</b>			
Advances, deposits and prepayments	8	34,923,540	10,656,550
Short term investments	9	521,295,548	292,695,439
Other receivables	10	7,234,574	4,367,336
Tax due from Government	11	84,957,632	69,331,815
Cash and bank balances	12	585,106,805	496,669,008
		<u>1,233,518,099</u>	<u>873,720,148</u>
<b>TOTAL ASSETS</b>		<u><u>1,395,742,860</u></u>	<u><u>1,030,307,691</u></u>
<b>NON CURRENT LIABILITIES</b>			
Restricted grants	13	431,958,923	200,082,526
Deferred capital grant	14	108,767,266	100,791,592
Gratuity payable	15	28,395,378	29,533,892
		<u>569,121,567</u>	<u>330,408,010</u>
<b>CURRENT LIABILITIES</b>			
Accrued and other liabilities	16	27,512,180	34,203,782
<b>CONTINGENCIES AND COMMITMENTS</b>			
	17	-	-
<b>NET ASSETS</b>		<u><u>799,109,113</u></u>	<u><u>665,695,899</u></u>
<b>REPRESENTED BY:</b>			
<b>FUND</b>			
General fund		768,028,273	640,020,882
Endowment fund	18	31,080,840	25,675,017
		<u><u>799,109,113</u></u>	<u><u>665,695,899</u></u>

The annexed notes from 1 to 38 form an integral part of these financial statements.



**CHAIRMAN**



**CHIEF EXECUTIVE**



**DIRECTOR**

**HUMAN DEVELOPMENT FOUNDATION  
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**CHAIRMAN**



**CHIEF EXECUTIVE**



**DIRECTOR**





We are grateful to all our HDF staff members for making valuable contributions to this Annual Report.

**Content Manager:**  
Moqadas Hanif

**Report Writing:**  
Arooj Rajput

**Concept & Design :**  
Arsalan Irshad

**Photography:**  
Muzammil Shiekh





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